

# CHELSEA WAVELENGTH

January - April, 2011

Volume 2, Issue 1



# Message from the Principal/ Founder Director



As you all know, much has been going on around college and school in general in this winter season. We have more events coming up like "Chelsea Exhibition Day", and "Chelsea Day". The "Annual Sports Meet 2010" and "Spread a Smile" an annual event was a huge success. I wish to see our students performing from their own level and at their best for the upcoming events as well.

The emphasis of our school and college is to promote teachers' collaboration in designing common assessments among sections to help increase students' learning process, in ECA as well, without hampering their academics. We always try in bringing out the best in students and in bridging the achievement gap.

We have always put our students first; both in school as well as in

college; the friendly and professional approach of our first-rate teaching and support staff is a major contributing factor in helping students through the further and higher education process. We boast admirable amenities that are geared towards a teaching environment that we consider to be as good as anywhere for our students.

However, we are not intending to rest at our success. These are exciting times as we seek to build on the remarkable success of our further and higher education provision. We have always been striving for new teaching areas to meet the learning requirements of students in the 21st Century.

We hope to continue to work together and continue in our journey to make Chelsea Int'l. Academy the place that ensures our student's success in the years to come.

Lastly, my sincere congratulations and thanks goes to the entire editorial team and the contributors for the successful edition of this issue.

Best Wishes

**Sudhir Kumar Jha**

## From the Editor

### MOVING AHEAD

Namaste!

With this fourth issue of Chelsea Wavelength, here I am; the third editor! Hopefully, I will be taking care of a few further issues and I also assure you all that I will try my best to make our magazine more valuable. I would like to sincerely thank all of you for your constant support and feedback which has assisted us to bringing this fourth issue.

Although I have just become the Editor, I have been a part of the editorial board since the first issue. Comparing this magazine with life would not be wrong. In life when we try to be happy, we tend to make others inadvertently sad and to make others happy we bear some trouble and sadness ourselves. Minimizing the sadness and maximizing the happiness is a real challenge in life. Similarly, we have not been able to satisfy most of the readers despite putting a lot of effort to come up with the best publication. However, we take these dissatisfactions as important feedback for us as they remind us of our responsibilities and guide us to work more efficiently.

On the other hand, the most exhilarating moment is when we get to see the smiling faces and feelings of satisfaction in our readers as they go through this piece of creativity and unique collection of writings by the members of the Chelsea family. All your best wishes encourage us at the editorial board to work with more dedication and efficiency.

Hope all of you will enjoy this issue too.

Prayash Raj Koirala, A2 Level

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# NEWS AT CHELSEA

# RECOLLECTIONS

## Symposium on Current Issues

Pragya Foundation, in collaboration with Chelsea International Academy, held the symposium "Peace, Security, Diaspora, Development- Issues Ahead for Nepal" on 21st November in the Chelsea college ground. Chairperson, Anand Aditya, opened the floor with the

welcome speech after which various prominent speakers including Dr. Tuna Bloie (Director of Institute of Peace, University of Tromsø, Norway), Prakash Khanal (Executive Director of Himalayan Devt. International) and Brigadier General Keshar Bhandari (expert in defense

management) enlightened the students on topics of peace, security and diaspora on the context of Nepalese community. In the comment session, former minister Kuber Sharma, Professor Jagdish Sharma and Mr. Krishna P. Bhandari, Senior Advocate presented the audience with their

invaluable views on the same concerns. Later, there was a brief question-answer round where the speakers and commentators answered the queries of the students attending the programme. The attendees left with a broader knowledge about the security of the country.

## Spread a Smile

Social Service Club of CIA conducted a program "Spread a Smile" on 6th January, 2011 at Tripureswor Party Palace, United World Trade Centre, Tripureshwor. Children of Prisoners Assistance Nepal (PAN) were invited to view the program where students of CIA showed their talent in different fields like music, dance, poetry and drama. "Spread a Smile" was initiated a year ago by the Club with the noble motto of spreading a smile to underprivileged children.

## Slam Poetry

Eliz Parajuli of AS Level was selected as one of the top five winners in the Poetry Slam QC Awards '10 organized by the US Embassy in collaboration with Quixote's Cove: the book shop. Eliz was able to be one of the first youth slam poets of Nepal with his poem "Imagine the World Where You Are Supreme" during the final round on 14th December 2010.

## College Ambassador and Miss College

A2 student, Akshendra Jha won the title 'The Most Talented' in College Ambassador 2010 organised by Green Arts Media on December 18, 2010. Likewise, Nandita Thapa of AS level was titled 'The Best Personality' in Miss College 2010 organised by The Fashion Plus on 25th December 2010.

## Talk Show

Chelsea International Academy along with Pragya Foundation, organized a talk show on 7th January, 2011 on the theme-"Maintaining the diary." Former Education and Tourism Minister, Mr. Ram Hari Joshi chaired the event. Mr. Sailendra Singh, Associate Professor of English at Padma Kanya Campus, Baghbazar, was the speaker of the event. About 30 students from school and college participated in the program.

## Football Tournament

The school junior football team reached the quarter finals in the 15th Fr. Moran Memorial Primary School Invitational Football Tournament 2010 organised by St.Xavier's Godhavari School, Lalitpur on December 2010. Although the boys lost with the host St. Xavier's in a close meet, they left a good impression to the spectators throughout the tournament.

## Inter House Dance Competition

The Inter House dance competition was held on 15th September, 2010. In the group category, Topaz and Emerald house both stood first whereas Ruby and Sapphire achieved second and third position respectively. Likewise in solo dance, Sanskrit Thapa (Sapphire), Imesh Acharya (Ruby), Shreya Poudel (Topaz) achieved first, second and third position respectively.

## Red-Cross Election

Annual Election of Chelsea Youth Red-Cross Circle was held on 30th November for Vice President, Vice Secretary, Vice Treasurer and Executive Members which was headed by President of the Circle, Ghanashyam Neupane. Jon Shrestha, Gunjan Ghimire and Srijan Amatya won the election for Vice President, Vice Secretary and Vice Treasurer respectively in a close meet with other nominees. Similarly, Krishna Shah and Pradeep Adhikari were elected as executive members; whereas, Sandesh Ghimire and Binita Adhikary were also nominated for same position by the executive committee.

# धर्म

अनामिका श्रेष्ठ, कक्षा: ७ 'ख'

“असल मानिस बन्नु, चोरी नगर्नु, अतिथिसँग राम्रो व्यवहार गर्नु, ठूलालाई आदर र सानालाई माया गर्नु नै धर्म हो,” रामहरि बाजे आफ्नो नातिलाई सिकाउँदै थिए। नाति पनि ज्ञानी भइ यी कुराहरू सुन्दै थियो।

“घरमा कोही हुनुहुन्छ। यहाँ बास पाइन्छ कि भनेर आएको।” भन्दै एउटा आवाज आयो। जब यो आवाज सुनियो, तब नातिले भन्यो “बाजे अतिथिलाई बास दिनु पनि धर्म हो है।”

“हो बाबु,” बाजेले कालोनिर्लो मुख बनाउँदै भने।

“पाइन्छ, पाइन्छ,” नाति चिच्यायो। बाजे र नाति मिलेर

अतिथिलाई बोलाइ खाना खुवाइ सुत्न पठाए।

राति एक बजेतिर बाजे अतिथि सुतेको कोठामा गए। उसको भोला छाँम्न थाले। करिब तिन हजार रुपैयाँ जति भिके र सुत्न गए। विहान कुखुरा बासेपछि बाजे उठेर नुहाइधुवाइ गरि पूजा गर्न थाले। एक्कासि अतिथि चिच्याउन थाल्यो।

“बाजे, मेरो भोलाबाट तीन हजार रुपैयाँ जति गायब छ। तपाईंले देख्नु भएको छ ?” उसले एकदमै आत्तिएर भन्यो। यताउति पैसा खोजिरहेको थियो। बाजेले पूजा गरेर भ्याए र उसलाई सय रुपैयाँ दिँदै भने “बाबु लिऊ, यो एक सय रुपैयाँ। यसैबाट काम चलाऊ। के गर्नु, आफू त धर्म गर्ने मान्छे, अरू सड्कटमा परेको देख्नै सकिदैन।”

## विद्यार्थी जीवनमा अनुशासनको महत्व

मन्थन मान श्रेष्ठ, कक्षा : ८ 'ख'

नियमित रूपले विद्याध्ययनमा संलग्न रहेको र कुनै शिक्षण संस्थागत नियम, मर्यादा वा आदर्श आचरणको हार्दिक अनुसरणलाई अनुशासन भनिन्छ। अनुशासनविना मानिस अपूर्ण हुन्छ। भन्नु त्यसमाथि हामी त विद्यार्थी हौं। अनुशासनविना हामी कुनै पनि ठाउँमा वा कुरामा सफल हुनै सक्दैनौं। विद्यार्थी जीवनको अनुशासनको लागि घर-परिवार विद्यालय र समाजले पनि ठूलो भूमिका निर्वाह गर्नु पर्छ। विद्यार्थी सानो उमेरका हुन्छन्। कुमालेको काँचो माटोजस्तै हुन्छन्।

अनुशासन निर्माणको चक्रमा हालेर तिनलाई सुन्दर बनाउने काम संबद्ध सबै क्षेत्रको हो। अनुशासनको पाठ पढाउँदा, अनुशासन सिकाउने स्वयम् व्यक्ति नै अनुशासित भइ दिएनन् भने त्यो पनि परोपदेशे पाण्डित्यम्, भनेभै केवल सिद्धान्त मात्र हुन जान्छ। विद्यार्थीलाई चुरोट नखान सिकाउने शिक्षकले स्वयम् पनि यस कुलतबाट बच्नु पर्छ। घरमै धूम्रपान गर्ने बाबुको देखासिकी गरी छोरा

पनि त्यो कुलत सेवन गर्न सक्छ। यसमा छोराको भन्दा बाबुको बढी दोष हुन्छ। त्यसैले, अनुशासन पालना गर्न सिकाउने स्वयम् व्यक्ति नै अनुशासित बन्नु अत्यावश्यक हुन्छ। विद्यार्थीहरू भिन्न-भिन्न पारिवारिक पृष्ठभूमिबाट विद्याध्ययनका निमित्त विद्यालयमा आएका हुन्छन् र त्यस्ता विद्यार्थीहरूले त भन्ने नियम, मर्यादामा बस्नुपर्छ। ठुलाको आदर गर्नु, सानालाई माया गर्नु, असहायलाई सहयोग गर्नु, आफूभन्दा ठूलाले भनेको मान्नु जस्ता कुरा अनुशासनभित्र पर्न आउँछन्। अनुशासनमा बसेर नै भविष्यमा एक सचेत, सभ्य र शिष्ट नागरिकहरूको जीवन नै सुखमय र प्रतिष्ठामय हुने गर्दछ।

विद्यार्थी जीवनमा अनुशासनको पालना गर्न नसक्नेले आफ्नो व्यक्तित्वमा जीवनका हरेक फाँटमा हरियाली ल्याउन सक्दैन। ऊ कहिले पनि असल विद्यार्थी र असल नागरिक बन्न सक्दैन। त्यसैले विद्यार्थी जीवनमा अनुशासनको धेरै महत्व छ।



# Exploring, Experiencing & Improving Yourself

Aashish Panta, A2 Level



**All humans are similar in their actions, behaviour and temperament in the beginning of the journey of life. The first attempt towards their identification is made by parents giving their child a name. As he grows he starts recognizing himself by that name. "A person without a name is like a rudderless boat." This is the first stage of exploring yourself and your identity.**

Psychology explains an apt reason for why temperament changes as we grow. While factors like parental influence and social pressure are mentioned, the most important is how a person reacts to things that happen around him. A single experience can evoke two different responses from two different people. While one person may learn by seeing the positive part of the experience, another person may be negatively affected.

'Ego' is perhaps the most important aspect of our identity. We need to have self respect to develop our personality, but like everything even ego should have a limit. Some people think they are perfect but it is impossible for anyone

to be perfect. When people think this way, they leave no scope for further development. Today there are many good speakers but very few listeners. People with bloated egos are not good communicators and people with false egos end up nowhere. It cannot be explained why some develop an excessive ego. If you have an ego, you can use it to your advantage to find yourself. Thus, 'exploring' is important and it lets you know who you really are.

Life is just a stream of experiences which merge into one another. Each day of our life brings new experiences and challenges. These experiences develop different features of our personality. We

can learn from these experiences and challenges. We can take a cue from the good ones and learn a lesson from the bad ones. We should not be assertive to the point of turning aggressive. All this exercise of exploring yourself lets you know who you really are, lets you know what you lack, and thus lets you know where you stand.

Experiencing yourself enables you to take lessons from your day to day challenges and helps you in becoming a better person. Both of these, experiencing and exploring, lead you to improving and developing yourself. This makes you a better human being and makes your life worthwhile.



## Difficulties

Bipasana Uprety, Class: 8 'B'

*Strong faith in our career;  
We shouldn't lose it.  
We have to cross great barriers;  
Anyhow we have to face it.*

*Opportunity always wants to go  
away from us,  
We have to block the way.  
Think for all the creatures,  
Without making the thoughts sway.*

*Happiness always hides behind the  
curtain;  
Just like the sun in the dusk.  
It is our prime duty to gain,  
By doing successful tasks.*

*Success is far from us,  
We have to work to gain it.  
Do good for the country and society,  
And we will be awarded by divine  
pious beauty.*



## Chelsea School to ME

Rajshree Nepal, Class 7 D

A part of my life  
A part of my brain  
A wonderful memory

Love and discipline  
Second home for knowledge  
A heaven where we are angels

Temple of education  
Home of joy and care  
Simply the best

A foundation of my career  
A place where I want to study  
forever  
Not just a school,  
But something more than that  
Is Chelsea School to me.



## MY Mom

Monila Shrestha, Class- 7 'D'

I am blooming among you  
I am happy, and thankful to  
The one who gave me birth  
And brought me to this earth.

Because of you I saw flowers  
Love to me, it showers.  
Because of you I saw trees  
Which gives us shade and shelter  
for bees.

When I was sad  
And sadness was all I had  
You took out my fears  
And took all my tears.

You are greater than God  
I compare you to lord.  
Now one thing I want to tell you,  
I love you! I love you! I love you!

# Racism In Society



Shambhavi Singh, Class: 8 'B'

A conference on 'Racism in Society' was held on 15th November 2010 by United Nation (UN). This event was a tribute to the people who survived the holocaust during World War II. It was a video conference among the Asian and African students of various countries.

There were six students from different schools representing our country, Nepal, and I was one of the representatives. We got the opportunity to interact with Madam Friedlander who was one of the Jews who survived during the Nazi regime of Hitler.

I feel very lucky as I got the chance to interact and gain a lot from her past experiences. We came to know that many people like her were given severe punishments, tortured and killed by the Nazis just because they were Jews. The troops of Hitler had

slaughtered her family. Although she survived the incident, she had to be a slave and work in a Nazi factory. However, she never desired to become a Nazi. She respected herself for what she was. She said that she will never forgive the ones who destroyed her family but she does not have any lifetime hostility towards the Nazis. She requested all of us not to keep hostility towards any religion or ethnicity as it is one of the major causes of war in the world. Her story was very inspiring to me and I also agree with her views.

After attending the conference, I learnt that racism is the biggest threat to the world. We should take some initiatives and try to eradicate this problem. Lastly, I would like to thank my teachers for giving me this great opportunity and also promise that I will try my best to solve the problem of racism in our society.

## SCOUTS

Upama Uprety, Class: 8 'D'

"The Scout" is an international social service organization that was founded by Lord Baden Powell who was born in 1857. Robert Stephen's son, Baden Powell, was born in London and attended Charter House School. He joined the British Army in 1876 and served in India, Afghanistan and South Africa. As scouting spread to several nations, Baden-Powell became the most popular scout leader in the world. The purposes and beliefs of the scouts are the same in every country.

Scouts throughout the world promise to live up to the Scout Oath and Scout Law. The World Scout Conference is responsible for scouting on a worldwide basis. Each national scout organization attends the conference, which meets every 2 years. The World Scout Conference elects a 12 member World Committee to carry on its work between meetings and tries to unify Scouting aims. It established the World Scout Bureau to strengthen national organizations and to spread scouting worldwide. It has its headquarters in Geneva, Switzerland. Scouts all over the world do different social and physical activities.



### Mid Regional Scout Adventure Trail

On 27th September, 2010, the Chelsea Scout Troop of class 6 to 9 were taken to Mid Regional Scout Adventure Trail at Chapali, Budhanilkantha. We were very happy and excited to go there. There were many interesting events such as omega, boating, river crossing, monkey-bridge, tire chimney and many more which helped to develop our skills and confidence. We all enjoyed the adventure a lot. I, as well as the students of class 8'D', would like to thank our scout teachers and other teachers for giving us an opportunity to participate in this event. Lastly, I would like to say that scouts help to establish peace and friendship among different people of the world; hence, we all should join the scouts.



# TEENAGE DEPRESSION

## - Why is it on the Increase?

Ghanashyam Niraula, Academic Head



Childhood and teenage depression is a reality. This is one of the most alarming facts to come from all the research; depression is affecting younger and younger people, notably adolescents and teenagers.

Twenty years ago, depression in children was almost unknown. Now the fastest rate of increase in depression is among young people. Again, this backs up the fact that most depression is not caused by chemical imbalances, whether in adolescents, teenagers or adults.

What we are seeing are changes in societies where basic needs for companionship, healthy goals, responsibility, connection to others and meaning are not automatically met. Children, adolescents and teens are fed a constant diet of images showing how we are meant to look, sound and be, and told that this is important in life. Meaning is attached to what they have, or look like, rather than what they do, or achieve.

Regardless of our own affluence, we see what those at the 'top' have and are told we should have it too, without thought for the tools or strategies to go about achieving it. During childhood, teenage years and particularly adolescence, pressure to conform with peers can be almost intolerably strong. If children feel different, inadequate or deprived in some way, then depression may result, depending on how they deal with it.

### Self Help for Depression

If you are facing a big problem, make the decision to put off

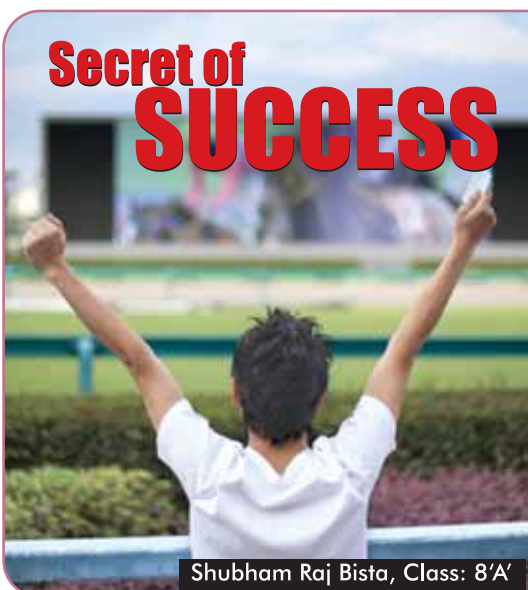
thinking about it for, say, 2 weeks, or whatever is appropriate in your case. If you cannot put it off, speak to someone else who you know to be a good practical problem solver. Begin a 'depression diary'. In this rate each day from 1 to 10, where 1 is the worst kind of day, and 10 the best. This will help break down the 'all or nothing' thinking that depression can cause.

Get as much exercise as you can. Make yourself walk briskly every day, at least. If you have any concerns about your health, see your doctor before beginning this. Research shows that exercise can lift depression.

Get some kind of relaxation during the day. If you know how to meditate, to do self hypnosis, tai chi or some other mind-calming technique, do it. It will help reduce the physical effects of the depression greatly.

Start challenging your own thinking about things. If you find yourself thinking about things in a depressive way, as outlined in thinking styles that cause depression, deliberately think in a new way. A good way to do this is to write down the original thought, and then generate some alternatives.

Understand that depression is not part of you; it is due to a set of symptoms. These symptoms cause you to feel, think and act differently. Once depression goes, things will be different. And when you have the skills to beat it, it is more likely to stay away.



Everyone wants to be successful, but only a few can have a taste of it. They know the secret of success; hard work and perseverance. A lazy person cannot succeed. If we do not work hard, we should not expect good results.

If we want to succeed, we must know the value of time, for punctuality and economy of time leads to success and happiness. One becomes great and successful only if he or she knows how to make the best use of time. To become a successful person, it is necessary that we know our aims. We must select a wise career or profession. Choosing the right path is very important. Changing our path in mid life, time and again, will lead

us nowhere.

We should be steady in what we choose to do and do one thing at a time. We should concentrate on our aim and put in all our effort. This is the secret of success. We should be a master of one trade instead of becoming a jack of all trades.

Take the example of any successful businessman, singer, actor, actress, doctor or any great person and notice how hardworking he or she is. Fortune favors the brave. Bravery consists of continuous hard work, perseverance and patience. Hence, success crowns the brave. This is the key to success.

# An Experience with **Myth**

Sumedha Gyawali, Class: 9



Have you ever had a dream of fairies or any strange land or an extraordinary myth? I once experienced a very extraordinary and amazing mythological dream.

When I was ten years old, I was alone at my home because my parents were out of town. I was feeling lonely and wished there

was someone to love me and remove the loneliness from me. As I was thinking this, I went into my mysterious dream world. It was a beautiful place, with varieties of beautiful flowers and butterflies which attracted me. Suddenly, I reached to a middle of the stream and was standing on a huge rock. I saw a beautiful pink lotus blooming on the surface of the water and I wanted to pick it. I tried to pluck it but I was about to fall. However, just then, a beautiful unicorn flew to the rock where I was standing and rescued me. It was an amazing experience indeed. It was as beautiful as Snow White to me. Its horn was like a shining silver rod and its mane was like a dove's feather. It had two beautiful wings which helped it to fly. I was very happy to sit on its back and see the amazing landscapes filled with the natural beauty of animals, birds and trees. After a while, I saw my home and requested the unicorn to take me there. It left me at the door of my home. As it was leaving, it said, "Goodbye my dear! I am going now and it is time to wake up from your dream. Remember, we will surely meet again."

Suddenly, I woke up and I found myself sleeping on the couch in my living room. It was already eight o'clock and I was late for school. I had my breakfast, dressed myself and went straight to school. All the way, I was thinking about the same beautiful places and the unicorn. Finally, I reached school. Amazingly, the very same day, our teacher discussed about a unicorn like the one I had seen in my dream. It had told me that we would meet again and I think it was right. I don't know if it was only a mythological dream or a reality. But whatever it was, it was wonderful. It was my first mythological dream and probably the most beautiful dream I have ever had.

## ROCK AND ROLL REVOLUTION

Ashra Kunwar, A2 Level

*It wasn't a revolution  
But rather an evolution  
Invited across the sea,  
As teenagers they'd set us free.*

*The Beatles wanted to hold our hand  
For many years, they ruled this land.  
Glad all over, theme of the Dave Clark Five,  
A little different, but the music was alive.*

*New bands came along  
We all listened to every song.  
Heavy metals gave us a different beat,  
Evanescence got us off our seat.*

*Green Tambourine and Hardy Gordy Man  
And other songs, ruled underground radio land.  
We were born to be wild  
And born to run,  
A song for every mood  
Under the sun.*

*The Byrads wanted us to,  
Turn turn turn  
Deep Purple just said, Burn.  
Edwin questioned was  
Jim Morrison was moving the doors  
Lovie Lovie was a hit in its day.  
But we wondered- What did they say?*

*Billy Joel sung, "Got to be rock and roll music,  
If you to dance with me."  
While Neil Young sang, "Hey- hey, my-my,  
Rock and Roll will never die."*



# Chelsea Annual Sports Meet 2010

## RESULTS

### SCHOOL SECTION

#### Ball Collection

Class/Division	Gender	Winner	Result	House
LKG	Boys/ Girls	Aishwrya Pudasaini	First	E
		Supriya Siwakoti	Second	E
		Manish Ghimire	Third	R

#### Balloon Bursting

Class/Division	Gender	Winner	Result	House
Nursery	Boys/ Girls	Safal Rai	First	S
		Avistha Das Shrestha	Second	T
		Bigya Humagain	Third	E

#### Bunny Race

Class/Division	Gender	Winner	Result	House
LKG	Boys	Rajat Shrestha	First	R
		Swarup Sapkota	Second	T
		Ayam Bhandari	Third	R
LKG	Girls	Arya Guragain	First	E
		Sneha Timilsina	Second	R
		Sonakshi Shrestha	Third	T

#### Spoon Race

Class/Division	Gender	Winner	Result	House
UKG	Boys	James Tamang	First	T
		Avishek Basnet	Second	S
		Siddanta Chettri	Third	S
UKG	Girls	Krishna Adhikari	First	R
		Kawayanti Shrestha	Second	T
		Samridhi Adhikari	Third	T

#### Biscuit Race

Class/Division	Gender	Winner	Result	House
LKG	Boys	Arpit Dhakal	First	R
		Shriniv Poudel	Second	S
		Roshan Prasad	Third	S

#### Cloth Race

Class/Division	Gender	Winner	Result	House
UKG	Boys	Aryan Jee Shahi	First	T
		Pranil Sundar Shrestha	Second	E
		Shahil Dahal	Third	R
UKG	Girls	Presita Siwakoti	First	T
		Shelly Sakshi Guragain	Second	E
		Samarika Shakya	Third	R

#### Needle & Thread Race

Class/Division	Gender	Winner	Result	House
III	Girls	Samana Oli	First	S
		Soniya Shrestha	Second	S
		Sampada Karki	Third	T
IV	Girls	Pragya Mainali	First	S
		Pratigya Adhikari	Second	S
		Ayushma Regmi	Third	T

#### Three Legged Race

Class/Division	Gender	Winner	Result	House
I and II	Boys	Utsav Khatiwada	First	E
		Rijan Bhattarai	Second	R
		Sashank KC	Third	E
III and IV	Boys	Prayag Pokhrel	First	E
		Arjun Poudel	Second	R
		Rishav Rai	Third	E

#### Musical Chair

Class/Division	Gender	Winner	Result	House
III and IV	Boys	Shramdeep KC	First	R
		Nirdesh Poudel	Second	T
		Rakshya Baidhya	Third	T
III and IV	Girls	Presha Mainali	First	T
		Bini Joshi	Second	S
		Tanushree Panta	Third	S

#### Sack Race

Class/Division	Gender	Winner	Result	House
I and II	Boys	Anushna Chamlagain	First	T
		Nirakar Chapagain	Second	E
		Alish Bhandari	Third	T
I and II	Girls	Akshyata pradhan	First	S
		Rejin Lama	Second	T
		Rishita Adhikari	Third	S
III and IV	Boys	Awaz Bista	First	T
		Nikhlesh Sharma	Second	T
		Ashutosh Lohani	Third	E
III and IV	Girls	Ashna Shrestha	First	R
		Bini Joshi	Second	S
		Kripa Shrestha	Third	E

#### Skipping Race

Class/Division	Gender	Winner	Result	House
I and II	Girls	Preeti Mainali	First	T
		Akrati Singh	Second	R
		Malisha Shrestha	Third	T
III and IV	Girls	Drishiti Tandukar	First	R
		Sadikshya Adhikari	Second	S
		Anushka Parajuli	Third	R

#### Long Jump

Class/Division	Gender	Winner	Result	House
D	Girls	Jyotshna KC	First	T
		Swastika Timilsina	Second	S
		Ayushka Khanal	Third	E
D	Boys	Prajwal Limbu	First	E
		Bipin Parajuli	Second	R
		Prashant Thakuri	Third	T
C	Boys	Abhaya Khadka	First	E
		Oshan Chettri	Second	S
		Samun Bista	Third	R
C	Girls	Bhumika Shah	First	E
		Subigya Ojha	Second	R
		Subeshya Lama	Third	S
B	Boys	Sanskrit Thapa	First	S
		Keshav Khatiwada	Second	R
		Sailaj GC	Third	E
B	Girls	Swikriti Kattel	First	S
		Samikshya Gyanwali	Second	E
		Preshika Thapa	Third	R
A	Boys	Sajal Joshi	First	E
		Manish Shah	Second	R
		Rajnish Acharya	Third	T
A	Girls	Kripa Thapa	First	R
		Samvabi Singh	Second	E
		Jannat Khan	Third	T

#### 50m Race

Class/Division	Gender	Winner	Result	House
LKG - UKG	Boys	Umeed Rayamajhi	First	T
		Prasil Rai	Second	T
		Isham Gautam	Third	T
LKG - UKG	Girls	Ruby Thapa	First	S
		Akanshya Shrestha	Second	R
		Arshee Niroula	Third	T
UKG	Boys	Raj Babu	First	E
		Anmol Rajabhat	Second	T
		Sarbartha Kharel	Third	R
UKG	Girls	Suphin Tamang	First	S
		Subhashree Bhandari	Second	T
		Shaitha Shrestha	Third	R

#### 100m Race

Class/Division	Gender	Winner	Result	House
D	Boys	Prajwal Limbu	First	E
		Sarvesh Kattel	Second	R
		Prashant Thakuri	Third	T
D	Girls	Swastika Timsina	First	S
		Adipti Upreti	Second	E
		Upashna Chand	Third	S
C	Boys	Abhaya Khadka	First	E
		Samun Singh Bista	Second	R
		Bibek Parajuli	Third	R
C	Girls	Kusum Sharma	First	R
		Subigya Ojha	Second	R
		Prapti Kharel	Third	S
B	Boys	Labbu Singh Maharjan	First	R
		Sushan Gautam	Second	E
		Charchit Dahal	Third	R
B	Girls	Monila Poudel	First	T
		Swikriti Kattel	Second	S
		Utkarsha Gautam	Third	T
A	Boys	Sushant Karki	First	S
		Anmol Thapa	Second	S
		Manish Kumar Shah	Third	R
A	Girls	Jannat Khan	First	T
		Kripa Thapa	Second	R
		Bipashna Upreti	Third	T

(to be continued in page 12)

# Chelsea Annual Sports Meet 2010

The Annual Sport Meet 2010 was held on 31st December, 2010 at Dasharath Stadium. The program was inaugurated by Mr. Anand Aditya, chairperson of CIA. Different track and field events were conducted and the winners were provided with medals and certificates. Students from both the school and college section competed in different events. A glimpse...







(continued from page 9)

### 100m Race

Class/Division	Gender	Winner	Result	House
I	Boys	Rishav Rai	First	E
		Prayag Pokharel	Second	E
		Evan Shrestha	Third	E
I	Girls	Shreya Laxmi Bhatta	First	R
		Akriti Singh	Second	R
		Preeti Mainali	Third	T
II	Boys	Nimodh Poudel	First	S
		Sabin Baral	Second	T
		Anushna Chaulagain	Third	E
II	Girls	Arshia Neupane	First	E
		Sneha Khadka	Second	R
		Griwi Lamichhane	Third	S
III & IV	Boys	Mehul Pathak	First	R
		Awaz Bista	Second	T
		Bikram Bista	Third	E
III & IV	Girls	Cristina Awal	First	E
		Ashna Shrestha	Second	R
		Cristina Shrestha	Third	S

### 110m Hurdles

Class/Division	Gender	Winner	Result	House
A & B	Boys	Rajinish Acharya	First	T
		Sanskrit Thapa	Second	S
		Sushant Karki	Third	S
A & B	Girls	Roshika Subedi	First	T
		Samikshya Gyanwali	Second	E
		Swikriti Kattel	Third	S

### 200m Race

Class/Division	Gender	Winner	Result	House
D	Boys	Prajwal Limbu	First	E
		Ishan Chhantyal	Second	E
		Nischal Bhatta	Third	S
D	Girls	Swastika Timsina	First	S
		Jyotsna KC	Second	T
		Adipti Upreti	Third	E
C	Boys	Kushal Sharma	First	R
		Abhaya Khadka	Second	E
		Anish Chaulagain	Third	E
C	Girls	Kusum Sharma	First	R
		Subigyaa Ojha	Second	R
		Subekchha Lama	Third	S
B	Boys	Sanskrit Thapa	First	S
		Keshab Khatiwada	Second	R
		Bijan Adhikari	Third	T
B	Girls	Monila Poudel	First	T
		Jeshna Shrestha	Second	T
		Sambhavi Niroula	Third	R
A	Boys	Devashis Shrestha	First	T
		Subid Ghimire	Second	T
		Sandesh Bhattarai	Third	T
A	Girls	Jannat Khan	First	T
		Upama Upreti	Second	E
		Kripa Thapa	Third	R

### 400m Race

Class/Division	Gender	Winner	Result	House
B	Boys	Keshav Khatiwada	First	R
		Ashish Bhandari	Second	T
		Labbu Singh Maharjan	Third	R

### 4×100m Relay Race

Class/Division	Gender	Winner	Result	House
A	Boys	Manthan Man Shrestha	First	S
		Anmol Thapa		
		Rachit Shrestha		
		Sushant Karki		
A	Boys	Shrikrishna Yadav	Second	E
		Sajal Joshi		
		Narendra Hamal		
		Poshan Khanal		
A	Boys	Gaurav Pandey	Third	T
		Paritosh Adhikari		
		Rajnish Acharya		
		Subid Ghimire		
A	Girls	Jannat Khan	First	T
		Bipashna Upreti		
		Ojaswi Chapagain		
		Sona Shrestha		
A	Girls	Upama Upreti	Second	E
		Ojaswi Joshi		
		Shambhavi Singh		
		Simon Acharya		

### 4×100m Relay Race

Class/Division	Gender	Winner	Result	House
A	Girls	Jiya Khanal	Third	R
		Kripa Thapa		
		Binita Thapa		
		Shreesha Pokhrel		
B	Boys	Sanskrit Thapa	First	S
		Lovish Hamal		
		Saurav Shah		
		Ashif Khan		
B	Boys	Sushan Gautam	Second	E
		Gaurav Jung Khatri		
		Pravesh Arjel		
		Ayush Acharya		
B	Boys	Bijan Adhikari	Third	T
		Samman Baidhya		
		Niraj Bhattarai		
		Aashish Bhandari		
B	Girls	Monila Poudel	First	T
		Shreya Bista		
		Roshika Subedi		
		Jeshna Shrestha		
B	Girls	Samikshya Gyanwali	Second	E
		Erika Timsina		
		Silpy Jha		
		Parbati Bhandari		
B	Girls	Sambhavi Niroula	Third	R
		Preshika Thapa		
		Sanjana Joshi		
		Niva Joshi		
C	Boys	Abhaya Khadka	First	E
		Sandesh Gyanwali		
		Anish Chaulagain		
		Anjel Thapa		
C	Boys	Kushal Sharma	Second	R
		Emesh Acharya		
		Sadish Khoju Shrestha		
		Bibek Parajuli		
C	Boys	Oshan Chhetri	Third	S
		Suhen Bahadur Rana		
		Adil Napit		
		Subham Suhal		
C	Girls	Kusum Sharma	First	R
		Subigyaa Ojha		
		Sumanana Lamichhane		
		Shresha Aryal		
C	Girls	Bhumika Shah	Second	E
		Kritika Neupane		
		Tanuja Luitel		
		Swikriti Parajuli		
C	Girls	Bidushi Pyakurel	Third	E
		Prapti Kharel		
		Subekchha Lama		
		Presha Aryal		
D	Boys	Aurash Sapkota	First	E
		Ishan Chhantyal		
		Alex Kunwar		
		Prajwal Limbu		
D	Boys	Sarves Kattel	Second	R
		Bipin Parajuli		
		Dinkar Baniya		
		Poojan Karki		
D	Boys	Rishav Kafle	Third	T
		Adarsha N Acharya		
		Prashant Thakuri		
		Ashutosh Risal		
D	Girls	Simriya Pyakurel	First	R
		Jeny Chand		
		Simran Koirala		
		Sneha Parajuli		
D	Girls	Sakshi Pokhrel	Second	E
		Adipti Upreti		
		Ayushka Khanal		
		Nancy Acharya		
D	Girls	Bisheshta Subedi	Third	T
		Jyotsna KC		
		Astha Pandey		
		Shishira Dahal		



**4×100m Relay Race**

Class/Division	Gender	Winner	Result	House
Class III & IV	Boys	Mehul Pathak Amit Sharma Suyesh Dangol Siddant Shrestha	First	R
Class III & IV	Boys	Awaz Bista Binayak Karmacharya Dipson Bhattarai Nischit Bhattarai	Second	T
Class III & IV	Boys	Sikshant Bhattarai Amrit Thapa Ayush Parajuli Chirag GC	Third	S

**4×100m Relay Race**

Class/Division	Gender	Winner	Result	House
Class III & IV	Girls	Prehsa Mainali Shadvi Shrestha Sanskriti Gurung Pranisha Sharma	First	T
Class III & IV	Girls	Dristi Tandukar Manuja Shahi Christina Gurung Ashna Shrestha	Second	R
Class III & IV	Girls	Christina Shrestha Arya Basnet Sadiksha Adhikari Christina Shrestha	Third	S

## RESULTS

### COLLEGE SECTION

**100m Race**

Gender	Winner	Result
Boys	Bhuwan Rawat	First
	Nischal Singh Bhandari	Second
	Rukshal Bohora	Third
Girls	Sabina Gurung	First
	Anjeela Ramjali	Second
	Poonam Shahi	Third

**200m Race**

Gender	Winner	Result
Boys	Bhuwan Rawat	First
	Jenish Pakwan	Second
	Nischal Singh Bhandari	Third
Girls	Sushma Gurung	First
	Dipika Kunwar	Second
	Ashmita Devkota	Third

**100m Hurdles**

Gender	Winner	Result
Boys	Jenish Pakwan	First
	Nischal Singh Bhandari	Second
	Bhuwan Rawat	Third
Girls	Sushma Gurung	First
	Dipika Kunwar	Second
	Anjeela Ramjali	Third

**400m Race**

Gender	Winner	Result
Boys	Saroj Shrestha	First
	Srijan Amatya	Second
	Bijay Sapkota	Third
Girls	Sushma Gurung	First
	Dipika Kunwar	Second
	Dolma Tshering	Third

**800m Race**

Gender	Winner	Result
Boys	Bhuwan Rawat	First
	Bijay Sapkota	Second
	Saroj Shrestha	Third

**4×100m Relay Race**

Gender	Winner	Result
Boys	Nischal Singh Bhandari	First
	Diwas G.C.	First
	Rukshal Bohora	First
	Gaurav Pathak	First
	Bhuwan Rawat	Second
	Subham Basnet	Second
	Bibek Budathoki	Second
	Yukesh Katwal	Second
	Nilaya Mainali	Third
	Arjun Shrestha	Third
	Jenish Pakwan	Third
	Elson Bastola	Third
Girls	Poonam Shahi	First
	Rista Gurung	First
	Sabina Gurung	First
	Sushma Gurung	First
	Anjeela Ramjali	Second
	Saraswati Khatri	Second
	Aastha Khapung	Second
	Dolma Tshering	Second
	Ashmita Devkota	Third
	Deepika Kunwar	Third
	Niriksha Regmi	Third
	Sabina Khadka	Third

**Short Put**

Gender	Winner	Result
Boys	Jenish Pakwan	First
	Anish Basu	Second
	Saujan Timila	Third
Girls	Rinchen Tsomo	First
	Sweta Ghale	Second
	Rishta Gurung	Third

**Long Jump**

Gender	Winner	Result
Boys	Jenish Pakwan	First
	Bhuwan Rawat	Second
	Bibek Budathoki	Third
Girls	Dolma Tshering	First
	Niriksha Regmi	Second
	Sushma Gurung	Third

## Believe It Or Not

Sushant Gautam, Class: 9  
Source: Bool "Believe It Or Not"

Nobody knows what a ghost looks like. Though there is a long history of recorded sightings, no facts agree to such invisible objects. The most persistent belief is that ghosts are spirits of the dead living beings. If ghosts are not there, what truth lies behind these strange sightings? The mystery of ghosts still remains unsolved.

In 1971, in the village of Belmer in southern Spain, a ghostly human face appeared in the pink floor tiles of a kitchen. When the family tried to rub it off, its eyes grew wider and expression saddened. Later, it was found that the house was built above a cemetery.

**White House**

It is believed that the white house was haunted by a number of presidents. Mostly, they were attributed to Abraham Lincoln, who was killed in 1965. Lincoln believed in spiritualism and attended different sessions in the White House during his life time.

**Caught on film**

Sometimes, the ghosts are unexpectedly caught by photographers. In 1995, while capturing a fire with camera at Win Town Hall, Shropshire, a ghostly image was also captured. It is said that the ghost was of a girl who had accidentally caused the fire and burned herself.

**Hair today, gone tomorrow**

In 1876, near the province of Nanking, an invisible assistant ran amok cutting people's pigtailed. Sometimes a shadowy figure was seen and sometimes the hair was invisibly grabbed from behind.

**Circle of hand**

There is an old method to make contact with spirits. First of all, a group of people sit around a table in a quiet darkened room. Rituals are performed and when the medium makes contact with the spirits, a participant receives a message on behalf of the other participants.

# Congratulations!!

## Students who got highest percentage uniform marks in October/November 2010 Examinations of University of Cambridge

Subject	Student's Name	Percentage(%)
General Paper	Yashasvi JB Rana	88
Accounting	Ujjwol Paudel	100
Economics	Ujjwol Paudel	100
Lit. in English	Ananya Shrestha	90
Biology	Nirmal Aryal	86
Chemistry	Mukesh Ghimire	90
Physics	Mukesh Ghimire	100
	Utkrist Adhikari	100
Mathematics	Mukesh Ghimire	100
	Nirmal Aryal	100
	Prabesh Acharya	100
	Sabina Pokharel	100
	Saugat Ghimire	100
	Siddhartha H. Dhakal	100
	Ujjwol Paudel	100

## SUBJECT TOPPERS

### FROM AS & A2 LEVELS STUDENTS (1st Internal Examination)

SUBJECTS	STUDENT'S NAME	LEVELS
General Paper	Abhipsa Khadka	AS
	Krishna Shah	AS
	Mukesh Ghimire	A2
Accounting	Uttam Rai	AS
	Bipashna Chitrakar	AS
	Ujjwal Paudel	A2
Business Studies	Bipashna Chitrakar	AS
	Aashama Kharel	AS
	Sujan Dangal	A2
Economics	Aashama Kharel	AS
	Sujan Dangal	A2
Mathematics	Ankita Amatya	AS
	Sanjeev Shakya	AS
	Sharad Chand	AS
	Hilson Shrestha	A2
Computing	Shiv Bhushan Shah	AS
	Ghanashyam Neupane	A2
Environmental Mgmt.	Prashant Panthee	AS
	Elisha Rai	A2
Literature in English	Asha Limbu	AS
	Merina Gurung	A2
Sociology	Sasmata Sharma	AS
	Ananya Shrestha	A2
Psychology	Rista Shrestha	AS
	Sadikchya Khanal	A2
Art and Design	Lamu Tamang	AS
	Rojeet Kayastha	A2
Biology	Kshitiz Shrestha	AS
	Mukesh Ghimire	A2
Chemistry	Kshitiz Shrestha	AS
	Pradeep Adhikari	AS
	Ayush Ghimire	AS
	Mukesh Ghimire	A2
	Prabesh Acharya	A2
Physics	Sabal Thapalaya	AS
	Nirmal Aryal	A2

## Students securing 'A' in OCTOBER/ NOVEMBER 2010 EXAMINATIONS OF University of Cambridge

SUBJECT	NAME OF THE STUDENT
Biology	Mukesh Ghimire
	Nirmal Aryal
	Prabesh Acharya
Chemistry	Mukesh Ghimire
	Prabesh Acharya
Economics	Sangam Dahal
	Sujan Dangal
	Ujjwol Paudel
	Nishant Sapkota
General Paper	Yashasvi JB Rana
	Reuben Gurung
	Bibek Karki
Literature in English	Ananya Shrestha
Mathematics	Aayush Dhital
	Anish Joshi
	Bibek Yadav
	Chonu Gurung
	Diksha Rajbhandari
	Ghanashyam Neupane
	Jenish Pakwan
	Mukesh Ghimire
	Nibash Phagami
	Nilam Koirala
	Nirmal Aryal
	Nitika Parajuli
	Pratikshya Nepal
	Prabesh Acharya
	Prashesh Dhital
	Rojeet Kayastha
	Sabina Pokhrel
Sadikchhya Khanal	
Sanjay Thapa	
Sasin Shahu	
Saugat Ghimire	
Siddhartha Hamal Dhakal	
Tenzin Dolkar	
Utkrist Adhikari	
Indra Narayan Shah	
Nishant Sapkota	
Sangam Dahal	
Sujan Dangal	
Sushan Kaway	
Ujjwol Paudel	
Physics	Bibek Yadav
	Mukesh Ghimire
	Nirmal Aryal
	Prabesh Acharya
	Utkrist Adhikari



# Waiting for Your Panacea

Rajina Bajracharya, A1 Level

In this musty room, hands and legs chained, mouth stuffed with some stenching cloth, the only freedom I have is to think. Think, reflect, regret, cry, hope, despair, cry again and prepare for the obvious i.e. my death.

Should have walked straight home that day. Should at least not have got Bhatta involved in it. I feel remorseful that my friend also has to pay for my fault. Simply, I wish to replay back the scene and feel at home.

Newspapers have published all the news regarding children being abducted, kidnappers demanding huge ransoms and such, but somehow I used to feel like I was in an ivory tower and something like that could never occur to me. But now, living as a victim of it and breathing

the circumstances, it surely feels like HELL.

Suddenly, the sound of brawling in the next room breaks my chain of thought. Then, I hear Bhatta's distinct screech. The wooden door of my room opens as they throw his torso inside. My eyes goggle at his horrible sight. I breathlessly try to grasp the fact that they have actually killed him.

Hours passed as I lay there, semiconscious and half-dead with an empty stomach, unable to even think clearly now. Some psychedelic visions began creeping into my mindset and everything around me seemed to blur. I want to live. I can't accept death now. There's so much left to accomplish. I'll accept this as an ordeal. I

shall forever learn from, and be grateful for the chance to live a few more years. However, I don't want to die at this point.

It feels like the sun is setting outside and so are all my hopes inside. But as long as a little of this life exists, hope endures. I'm not sure if I'll wake up after I shut my eyes this time. So, I am using the few senses in me to remember you, Mom and Dad. I miss you guys; I miss your protection. I wanted to live; live as your child and make you feel proud someday. I'm sorry for the disappointment I have given you.

God, I still believe in you. I'm still praying and hoping that you shall take me out of this HELL. God, I am waiting for your panacea.

## LOST HOPE

Sadiksha Gurung, A2 Level

Tears shed out of my eyes

Battle fought down with all these lies.

Conflict, misunderstandings

Hopeless dreams are above me

Family losing hope and happiness

Brothers fighting with sister and siblings

It's so unreal

But you have to make yourself feel

You can't take anything for granted

Search all the things and memories you remember

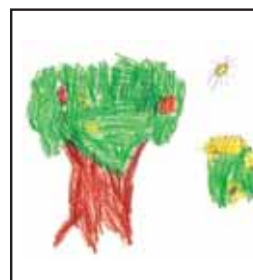
Hope just arrives when you think for a while

Of what is done, what you can do.

## 2nd Chelsea Junior Art Competition, 2010



Theme: Open  
Age Group: (3 - 4) yrs  
Name: Ngawang Sherpa  
Position: Second  
School: Wonderland Pre-School



Theme: Open  
Age Group: (4 - 5) yrs  
Name: Arnav Bhattarai  
Position: Second  
School: Mary Poppins Pre-School



Theme: My School  
Age Group: (5 - 6) yrs  
Name: Hridayesh Timisina  
Position: Second  
School: Clinton School

We would like to congratulate the winners of 2nd Chelsea Junior Art Competition, 2010. The competition was categorized for the age group of 3 to 6 year's children from different schools all over Kathmandu.

# Forecasting for Growth



There is no end. There is no beginning. There is only the infinite passion of life.

- Federico Fellini.

Jeetu Gurung, Chief Academic Admin. Officer

Every New Year is the time to really start taking life on. Wish we are all surrounded by both opportunity and positive energy this New Year 2011. But to benefit from this incredible potential, let us all take responsibility for our life and consciously use our good resolutions to bring about the real change we desire.

As Sir Winston Churchill said: "The price of greatness is responsibility." To really experience life, I believe we must participate in it. That is why we must take responsibility for ourself, our goals, our progress, and -- most importantly -- our dreams. Only we have the power to fulfill our dreams. We just have to decide what we really want, then develop a plan to get it. I've seen and experienced amazing things happen to people who acted upon their dreams, instead of waiting around for them to come true.

The only hard part is perhaps taking the first step. And that's only hard because we probably haven't ever done anything like it before. It is said that "Things are easier said than done" but, once we take the first step, our dreams will start looking for ways to fulfill themselves.

Let's develop an attitude that says, "I have nothing to lose and everything to gain," because we do. Let's never be in a rush to tell ourselves "no" before someone else does. Let's not put up barriers or obstacles where none exist. We humans mostly, tend to stop ourselves from realizing our dreams way before anyone else does.

And moreover, let's not be concerned about doing everything right because as all successful people know, "Anything worth doing is worth doing badly." What this means is, it's better to do something, anything, than to do nothing. We can always make things better - as any individual from different professions knows. Almost nothing comes out perfect the first time, but with practice almost everything gets better and clearer. So, let's not worry. No matter what we do, if we keep doing it, it will get easier and easier, and we will get closer and closer to fulfilling our dreams.

Good Luck & Happy New Year 2011

Courtesy - Rocel



## Why Not READ?

Sandesh Ghimire, A1 Level

In Western societies one can find many people reading on the bus on trams and on long journeys. Recreational reading has become a way of life for Westerners, but why is it not developed in our country?

In our country, we prefer gossiping to utilizing our leisure time productively. It is very rare to find a person holding a book to read in a vehicle. Even if one does, the book is either a guess paper or a text book where people are busy mugging up for their exams. Who do we blame for this situation? Is it our upbringing that has made us like we are? Well, whatever the reason may be, we must develop the habit of reading outside of our curriculum. This not only helps us make better use of our leisure time but also develops our intellectual skills.

A person can learn a great deal about music, sports, crime and many other issues by acquiring the habit of reading. Reading novels of different writers helps to enhance our writing skills. If one aims to polish his or her language

skills, reading different genres of books is a must. Also, a book can become a good companion. The myriad advantages of reading books cannot be questioned. However, people of our country still have not formed the habit of reading books, which have great values. A person can find plenty of reading material in schools, colleges and in public libraries. As a part of the social cause, various organizations have established libraries in several places. However, use of these libraries is minimal. People may find it difficult to read material out of their course but having this mindset is totally wrong. Parents usually do not encourage their children to read books but they overlook the benefits that the reading of books creates.

Knowledge gained from reading both novels and expert non-fiction books can come in handy when you are involved in discussions with others. Rather than spending considerable time on useless things, one should form a habit of reading books.





### Profile:

**Name:** Lynette Ann Cooper

**Nationality:** South African

**Profession:** Volunteer Teacher

*Interviewed by: Shambhavi Singh, Class: 8 'B'*

#### 1. How did you come to Nepal and manage to join Chelsea?

In recent years I traveled twice to Nepal for the purpose of trekking to the Mt. Everest and Annapurna base camps. During these visits I came to love Nepal and its people. I therefore returned in August 2009 with the goal of spending a longer period in Kathmandu, I managed to spend 10 months before visa regulations forced me to return to my own country, but by that time I had decided that I wanted to make Nepal my home. In order to do that, I had to find a job here. My landlady had a contact at Chelsea and I was thrilled when they agreed to engage me as an English Practical teacher as from January 2010.

#### 2. How do you feel at Chelsea?

To be perfectly honest, I found it quite a challenging at first, mainly because of the cultural differences and because the children and I did not always understand each other. It was difficult to cater for the individual needs of children in seventeen different classes from grades five to nine and to develop bonds with them. However, after a year I have become very attached to them. I find both the teachers and management to be friendly and helpful. It is obvious that all giving their best to keep the standards high and striving to make Chelsea one of the best institutions.

#### 3. How do you feel Nepal and Nepalese people?

I love Nepal and the simple lifestyle that people lead here. I appreciate their high family values and moral standards. For the most part people are humble, kind and hospitable, a great contrast to the generally aggressive attitude of people in my own country. This gentle behavior is what really draws me to the Nepalese people.

#### 4. How long will you stay here and what are you planning to do after you leave?

At this point in time I have no desire to ever leave Nepal. I will stay as long as Chelsea is prepared to keep me and the government continues to provide me with a visa. One of the things that I would like to do in the future is visit more outlying areas of Nepal and also India.

#### 5. Lastly, any recommendations to your students?

I would like to encourage the students to make the best of their school years and to use this time wisely. Students at Chelsea have the opportunity to get a really good, renowned education, something that millions of children in Nepal will never have. There are many students here that have excellent abilities and will achieve great things in the future if they apply themselves to their studies now. I sincerely hope that I will be around long enough to witness their accomplishments.

# An Unreal Reality

Mukesh Ghimire, A2 Level

We trust what we see, smell, hear, taste and feel. In human nature, anything that has not been explained by the five fundamental senses is either thought to be false or referred to as the supernatural. Some cultures believe in God, others, however, disbelieve anything that seems to disobey the laws of science. An important fact, however, has been overlooked since the beginning of human civilization. We only see what our eyes can show us, smell what our noses can detect, hear what our ears can intercept, taste what our tongues sense for and feel what our skin can touch. The rest remains veiled to humanity, which appears unrealistic to us, and is therefore deemed impossible.

Science nowadays has proved much of what was not even thought of by any mind before. The discovery of the smallest and most fundamental particle in the universe, the theory of how the universe came to existence and the invention of the steam engine, have been some of the most radical advances in science, and they were deemed implausible beforehand. As time moves on, however, new ideas are generated and older theories are replaced. Hence, we live in a world where reality is uncertain and even the most unreal of ideas can be incorporated into the growing sphere of reality.

In modern day society, people strive for advancements to life. Spectacles improve vision, hearing aids help the deaf to hear and advancements in surgical methods and biological knowledge has freed the disabled of their impairments. Advancements, however, have their limits. A child cannot be 'synthesized' by science and

neither can we live without air. Taking these limits a little further, one can even dive into an abyss of imagination. We cannot see something that light can completely pass through, but that does not mean it is not there. Advancements cannot enable us to see such a phenomenon and they keep us from expanding our perspectives about reality. Hence, these limits have locked us into a world away from the ultimate reality.



In science fiction books, one may often come across scientifically implausible ideas such as time travel and space warp. Going backwards or forwards in the infinite flow of time or reaching another point in the universe in a split second has always been a dream of science, which may have been mathematically proven, but is currently deemed impossible. If one can see this far in the unreal world of reality, imagining what the future holds can be quite entertaining. The future only holds more surprises, but life is getting complicated as crises are urgently at hand. The crises of depleting energy resources and global warming have suppressed the potentials of future

revolutionary scientists. This has locked us into the thought that what we see, smell, hear, taste and feel, is the only reality. Anything more is considered unreal.

The reality of humanity is limited to our senses and our degree of thought, and the reality that is unreal to us is still locked in our imaginations. Discussing possibilities leads us nowhere but that should not discourage us and limit us to thinking inside the box. Life is full of surprises and we must delve into this imaginary world of miracles and anticipate an unreal development in the world of reality.

## Dusk Life in KTM

Prayash Raj Koirala, A2 Level

The sun has sunk and the miraculous beauty of the moon is about to get showcased. Roads are full of vehicles and streets are crowded with people

rushing to return to their homes after work; with tired minds, hungry stomachs and only one thought in their psyche: reach home as soon as possible. Yes, it is the dusk I am talking about!

Popularized as the rims of tiredness, period of frustration and the most busy time of the day, Dusk is commonly known as 'Office time' in our country. It is the same dusk which comes everyday and hides with every dark night. This is the time when many postpone their work for the next day. But for a few it is the start of their day. There are many businesses whose transactions start at dusk. However, each dusk reminds me of the street vendors selling street food and the lively environment itself.

Whether one agrees or not, to me, the most enjoyable moment of the day is the dusk. Frequently, after college I go home, get refreshed, have some snacks and start my motorbike. Riding along the busy road, watching the diversity of people and hearing the splendid noise of the vehicles, conversations and the honking of the horns, I head towards the heart of Kathmandu; New Road. A nearby UNESCO World Heritage site, Basantapur, is a perfect place for me to hang out and experience the dusk life.

As I reach this favourite hang out, I start comparing my budget

with the food menu (although there is no menu) and the prices in the 'Hosanna Street Food' shop. After finalizing my order, I impatiently wait for the food.

Whether its mo:mos for 30 rupees or a sausage for 10 or French-fries for 20, I enjoy all of them. However, if my budget is tight on a particular day then I simply enjoy the open air in the hope of having the delicious varieties the next day. After keeping company with Cook Dai (that is the name I gave to the cook of the shop) for a few hours and admiring his ability to cook an assortment of tasty food, I hasten back home.

Despite getting frequent scoldings from my parents for having unhealthy food, my trust in Cook Dai and his food has not faded. Yet, one should be careful about the unhealthiness of these and should not randomly choose a place to enjoy the pleasures of street delicacies. Hosanna to me is more palatable, more delicious and as safe as any hotels like the Hyatt, Radisson, Bakery Café or any other restaurant which we visit. However, it comes under my second preference as the food made by my mom is always the first.

Most of us ignore the beauty of the dusk life and miss a great city experience. I believe, the beauty of Kathmandu can be vividly viewed during the dusk only. Hence, lets' get out of our suffocating blocks of concrete where we ignore the culture of misnaming dusk and enjoy the dusk life in Kathmandu!



# जाडो याम

विपिन पराजुली, कक्षा : ६ 'ख'

वर्षा बित्त्यो साथी हो,  
आयो अब हिउँद ।  
गर्मी हट्यो साथी हो,  
ठण्डा भयो जिउ ।

तिमीलाई कस्तो लाग्छ साथी,  
गर्मी ठीक कि जाडो ?  
हुनेलाई त ठीकै छ,  
नहुनेलाई गाह्रो ।

जाडो याम ठीकै हुन्छ,  
रोग व्याधी कम ।  
जे खाँदा नि मिठो हुन्छ,  
राम्रो पच्ने क्रम ।

धनीले त लाउँछन् लुगा,  
सारा शरीर ढाकी ।  
गरिबको छैन हरे,  
साथमा एउटा पाखी ।

वर्षा बित्त्यो साथी हो,  
आयो अब हिउँद ।  
गर्मी हट्यो साथी हो,  
ठण्डा भयो जिउ ।

# परीक्षा

आशिष गुरागाई, कक्षा : ९

जब आउँछ परीक्षा सबै पढ्न बस्छन्,  
बद्मासहरु आफैँलाई पढेँ भनी ठग्नन् ।  
आमाबुवा सबै जना, पढ्न बस भन्नु हुन्छ,  
पढ्नु पर्दा हामीलाई कस्तो बोर हुन्छ ।

जुन-जुन किताब पढ्दाए नि भोलि पढूँला भन्यो,  
पढ्न लेख्न छाडी-छाडी कुरा गर्न सन्यो ।  
भोलि-भोलि भन्दा-भन्दै परीक्षाको दिन आयो,  
किताब खोल्नो केही आउँदैन पर्नु फसाद पन्यो ।

भोलि भोलि-भन्दा भन्दै परीक्षाफल आयो,  
फलसँगै आमाबुवाको गाली खानु पन्यो ।  
राम्रो फल नपाएर पश्चाताप भयो,  
अर्को पाली राम्रो गर्छु भन्ने वाचा गन्यो ।

# आमा

शिल्पी भा, कक्षा : ७ 'ग'

दियौ जन्म मलाई  
कति दुःख कष्ट पाइ  
दियौ माया ममता  
आफ्नो खुसीहरुलाई गुमाइ ।

हुर्काइ बढाइ ठूलो पाच्यौ  
आफ्ना खुट्टामा उभिन सक्ने बनायौ  
तर दिन सकिन खुसी तिमीलाई  
जति गरेकी थियौ तिमीले मलाई ।

तिमी नै मेरी जन्मदाता  
तिमी नै मेरी कर्मदाता  
हुकँ तिम्रै काखमा  
बढेँ तिम्रै साथमा ।

मान्छु तिमीलाई सबै भन्दा ठूलो भगवान्  
मलाई जन्म दिने तिमी महान्  
पढ्न लेख्न सिकाइ  
बनायौ ठूलो मान्छे मलाई ।

# यो कस्तो नेपाल

अनुप जोशी, कक्षा ८ 'क'

शब्दैमा सीमित भयो  
सुन्दर, शान्त, विशाल ।  
शान्ति जति हराई गयो,  
मेरो देश नेपाल ।

सुन्दरताको बयान गर्दा  
फोहोर आउँछ पहिले ।  
किन यस्तो भयो नेपाल,  
सोच्दै छु म अहिले ।

धुवाँ-धुलो हटाइ  
बनाऊँ नयाँ परिवेश ।  
चाह्यौ भने बनाउन सक्छौं  
नयाँ सुन्दर नेपाल ।

# कुन रोगको असर कहाँ ?

सङ्कलक : प्रियस लोहनी कक्षा : ७ 'घ'

रोगको नाम	असर गर्ने स्थान
रेविज	मस्तिस्क
निमोनिया	फोक्सो
ग्याष्ट्रिक	पेट
जन्डिस	कलेजो
पोलियो	स्नायु प्रणाली
हेपाटाइटिस	कलेजो
मेनेन्जाइटिस	दिमाग
इन्सेफलाइटिस	दिमागको तन्तु
ट्राकोमा	आँखा
मधुमेह	प्याङ्क्रियाज

# जिन्दगी

रोसीका सुवेदी, कक्षा : ९

जिन्दगीको गोरेटोमा हिँड्दा- हिँड्दै,  
एकदिन ठेस लागेर लड्न पुगेछु ।  
उज्यालोतिर लम्कन्छु भन्दा-भन्दै,  
भुक्किएर अँध्यारोतिर गएछु ।  
असल साथी खोजेँ भनेर मख्व पर्दा,  
नराम्रो सङ्गतमा फस्न पुगेछु ।

जिन्दगी संघर्षमय रहेछ,  
यति संघर्ष गर्दा पनि बाँच्न गाह्रो पर्ने ।  
दुनियाँ एउटा खेल रहेछ,  
यति खेल्दा पनि जित्न अप्ठ्यारो हुने ।  
त्यसैले म भन्छु जीवन गाह्रो छ  
सङ्घर्ष गरी बाँच्न सिकनुपर्ने रहेछ ॥

# शिक्षा, सामाजिकीकरण र स्वायत्तता

(...अघिल्लो अङ्कबाट जारी ।)

डा. विद्यानाथ कोइराला, शिक्षाविद्

## सामाजिकीकरण र स्वायत्तता

सामाजिकीकरणले विभाजित स्वयम् (divisible self) खोज्छ । स्वायत्तताले अविभाज्य स्वयम् (undivisible self) खोज्छ । लुइस डुभण्ट (१९८०) को शब्दावलीमा विवाद त्यही हो । प्रश्न त्यही हो । शिक्षाले गर्ने के ? गन्यो के ? गर्नुपर्ने के ? हाम्रो जीवन्त यर्थाथताले भन्छ – पुख्र्यौली शिक्षाले साँघुरो सामाजिकीकरण (ghettoized socialization) गन्यो । आधुनिक शिक्षाले अन्तराष्ट्रिय सामाजिकीकरण (universal socialization) मा लाग्यो । व्यक्तिको स्वायत्त हुने रहरले उसलाई अनेकन ठाउँमा खोज्यो । आफैँ बस्ती (ghetto) मा बस्ने । अन्तरबस्ती (inter-ghetto) मा बस्ने । राष्ट्रमा बस्ने । अन्तराष्ट्रिय बस्ने । यसरी स्वायत्तताले रेसा (fiber) बनाएन । छुट्यायो (discret) । सामाजिकीकरणले रेसा खोज्यो । समस्या त्यहीँ हो । यो समस्याले प्रश्न जन्मायो( के व्यक्तिले सामाजिकीकरण र स्वायत्तता एकसाथ आर्जन गर्न सक्छ ? के स्वायत्त व्यक्ति सामाजिक बन्न सक्छ ? के सामाजिक व्यक्ति स्वायत्त हुन सक्छ ? यी प्रश्नहरूले गीता सम्झायो । कर्मवादी बुद्धि । “तिमीमा म छु, ममा तिमि छौ” भन्ने बुद्धि । मिलन (attachment) मा विभेद (detachment) खोज्ने बुद्धि । विभेदमा मिलन खोज्ने बुद्धि । के हाम्रो आशक्तिवादी शिक्षाले अनाशक्तिवादी सामाजिक सेवा दियो त ? के हाम्रो अनाशक्तिवादी सामाजिकीकरणको सोच शिक्षाले जगेर्ना गन्यो त ? दुवै प्रश्नले हामीलाई शिक्षाको स्थान चिनायो ? यता न उताको शिक्षा भयो भन्ने ज्ञान दियो । अर्थात् स्वायत्त व्यवस्थापनबाट उत्पादित विद्यार्थी सामाजिक भए त ? तिनले जनसेवा गरे त ? रक्तसेवा (service to the kins) गरे त ? देश सेवा गरे त ? वेञ्जामिन बल्बको सोचमा तिनको संज्ञानात्मक विकास त भयो । भावनात्मक (affective domain) विकास भयो त ? उनीमा व्यक्तिगत विषयगतता (individual subjectivity) त भयो । सामूहिक विषयगतता (collective subjectivity) भयो त ? अर्थात् वस्तुगत विकास (objective development) सँगै विषयगत विकास (subjective development) भयो त ? (Henriques et.al. 1984) भएन । यसले कार्स्टेन्ज को नेदरलैण्डको स्वायत्त शिक्षालयको अनुभव सम्झायो । राज्य नियन्त्रित, एकल स्वरूपको (uniform), निर्देशित विषयवस्तु (prescribed subject/ content) भन्दा भिन्न स्थिति

चाहिन्छ भन्ने पाठ पढायो । त्यसो भए मात्र विद्यालय स्वायत्त हुन्छ भन्यो । आफ्नै चासोमा आबद्ध गरे मात्र विद्यालयले केही गर्छ, गराउँछ भन्यो । सामाजिकीकरणका वैकल्पिक चिन्तन (Nord & Haymes,nd) तर्फ लान सकिन्छ भन्ने आधार दियो । त्यस्तै स्वायत्त विद्यालयले निजीकरणलाई टेवा दिन्छ र राम्रा (better off) विद्यार्थीलाई मात्र सेवा दिन्छ (Nicargua Reform Evaluation Team, 1996) भन्ने खतरा सम्झायो । यसरी स्वायत्त र निजी विद्यालयहरूले सामाजिकीकरणमा अपेक्षित काम गर्दैनन् कि भनी भस्कायो ।

## बाटो के त ?

विद्यालयलाई स्वायत्तता चाहिन्छ । सामाजिकीकरण पनि चाहिन्छ । त्यही स्वायत्तता र सामाजिकीकरणको बीचमा विद्यालयले शिक्षा दिनु पर्छ । यसका लागि मैले नौवटा बाटाहरू सुझाएको छु ।

**पहिलो बाटो हो** – आर्थिक स्वायत्तता । यो स्वायत्तताले राष्ट्रिय लगानी खोज्छ । प्रति विद्यार्थी लगानी । सरकारले विद्यालयलाई दिने सुनिश्चित लगानी । विद्यालय लगानी । विद्यार्थी लगानी । शिक्षक लगानी । जुन खाले लगानी प्रणाली अपनाए पनि पर्याप्त आर्थिक लगानी चाहिन्छ । आर्थिक स्वायत्तताको अर्को लगानी भौचर प्रणाली हो । निकारागुवामा स्वायत्त विद्यालयका अभिभावकलाई सरकारले दिए जस्तो । चिलीको निजी विद्यालयमा पढ्ने विद्यार्थीका अभिभावकलाई दिएको जस्तो । यस अर्थमा अहिलेको लगानी प्रणालीमा मैले प्रश्न उठाएँ । अहिले विद्यार्थी गनेर विद्यालय लगानी गर्ने चलन छ । त्यो चलन बदलौं । घर भनेर लगानी गरौं । विद्यालयलाई त्यसको जानकारी दिऔं । अभिभावकलाई भनौं तिमिले सरकारी सहयोग पायो । विद्यालयलाई भनौं – फलानो घरले सरकारी सहयोग पायो । त्यहाँबाट विद्यार्थी ल्याऔं । यसो गर्दा विद्यालय र अभिभावकको सम्बन्ध कस्सिन्छ । अथवा अहिलेको प्रणालीमा अंकुश लगाउँछु । अर्थात् अभिभावकलाई भनिदिऔं तिम्रो बच्चाको निम्ति विद्यालयले रुपैया यति पाएको छ । बच्चा पढाएनौं भने स्कुलले त्यो रकम सितैमा खान्छ । यस बाहेक विद्यालयलाई स्थानीय राजनीतिक एकाइको प्रशासनमा राखौं । अरु स्वायत्तता दिऔं । स्थानीय राजनीतिक एकाइको सहकार्यमा हुने स्वायत्तता ।

**दोस्रो बाटो हो** - निजी विद्यालयमा सामाजिकीकरण थपौं । अर्थात् सार्वजनिक विद्यालयको व्यवस्थापनमा निजिकरण थपौं । निजी विद्यालयलाई “टापु” नबनाऔं । सार्वजनिक विद्यालयलाई “रछ्यान नबनाऔं” । यसका लागि “कोसँग के सिकने ?” भन्ने अभियान चलाऔं । अर्थात् निजीले सार्वजनिकसँग सामाजिकीकरण सिकौं । सार्वजनिकले निजीसँग प्रतियोगिता र प्रवर्द्धन सिकौं । अभिभावकमुखी हुने शैली सिकौं ।

**तेस्रो बाटोले** स्वायत्तताले खोजेको उपलब्धी दिन्छ । सर्वोत्तम अङ्ग । विद्यार्थी क्षमताको सापेक्षतामा सर्वोच्चता । यो सापेक्षताले विद्यार्थी प्रोफाइल खोज्छ । प्रगति प्रोफाइल । अगति प्रोफाइल । प्रोफाइलमा आधारित प्रश्नमा निजी र सार्वजनिक विद्यालयको अन्तरक्रिया खोज्छ । एक अर्कासाग सिकने प्रबन्ध खोज्छ । विद्यार्थीको अङ्ग बढाउने अनेकन शैलीहरू खोज्छ ।

**चौथो बाटोले** विद्यालयमा आधारित व्यवस्थापन (school based management) खोज्छ । शिक्षक व्यवस्थापन । कर्मचारी

व्यवस्थापन । स्रोत व्यवस्थापन । त्यसो गर्दा दोहन गरौं । शोषण नगरौं । यसका लागि पेशेवार समूह बनाऔं । विज्ञ समूह । स्थानीय सरकारको दायराभित्रका विज्ञ । अन्तर स्थानीय सरकारभित्रका विज्ञ । ती विज्ञलाई अनुसन्धानमा लगाऔं । सोही नतिजाको कार्यान्वयन गरौं । यसो गर्दा विद्यालय स्वायत्तता विस्तारिन्छ । सहकार्यको संस्कार बन्छ ।

**पाचौं बाटो हो** - अहिलेको केन्द्रीय ज्ञान (centered knowledge) लाई पर राखेर (decentering) हेर्नु । पर राखिएको ज्ञान (decentered knowledge) लाई चिन्तनको केन्द्रबिन्दु बनाएर हेर्नु । यो प्रक्रियाले ज्ञानको स्वरूप बदलिन्छ । नयाँ ज्ञान आउँछ । स्वायत्त बन्ने ज्ञान । स्वायत्त बन्दा बन्दै सामाजिकीकरण हुने ज्ञान । सामाजिकीकरण हुँदा हुँदै स्वायत्त बन्ने ज्ञान । औषतन् शिक्षा पढ्दा पढ्दै आर्जिने विशेष ज्ञान ।

**छैठौं बाटो हो** - ज्ञानहरूको प्राज्ञिकीकरण (scholarization) गर्नु । सामाजिक ज्ञानहरूको खोजी गर्नु । किताबी ज्ञानसाग डेरिडाको शब्दमा विभेद र फरक (difference and diffarance) पहिल्याउँनु । यो नौलो प्रयोगले स्वायत्तताको घेरा बढ्छ । छुट्टै पहिचान हुन्छ ।

**सातौं बाटो हो** - स्वायत्तताको साझा (shared) अर्थ लगाउनु । हाम्रो स्कूलको लागि स्वायत्तताको अर्थ । मेरो स्कूलका लागि स्वायत्तताको अर्थ । त्यही अर्थ अनुसारको पाठ्यक्रम बनाऔं । विद्यार्थी, शिक्षक र कर्मचारी भर्ना नीति बनाऔं । मूल्याङ्कन नीति बनाऔं । अनुसन्धानको नीति बनाऔं । गुणस्तरको मापो बनाऔं ।

**आठौं बाटो हो** - केन्द्रित एवम् विकेन्द्रित बाटो जे रोजे पनि हाते दुरी (arm length) मा सेवा दिने प्रबन्ध गरौं । एकलद्वार सेवा (one door service) को व्यवस्था गरौं ।

**नवौं बाटो हो** - स्वायत्त संस्थाको सञ्चालन बनाउनु । एक अर्काबाट सिकने सञ्जाल । सिकाउने सञ्जाल ।

## निचोड

प्रस्तुत लेखमा मैले शिक्षा दिने (to educate) प्रक्रिया बदलौं भन्ने एउटै निचोड निकालें । समाजसँग शिक्षित हुने (to be educated) प्रबन्ध गरौं । यो प्रबन्धले दुईवटा काम गर्छ । शिक्षाको सामाजिक परिभाषा जन्मन्छ । सामाजिकीकरणको उठान हुन्छ । यी दुवैको परिणति हुन्छ - स्वायत्त स्कूल । आफ्नै पहिचान भएको स्कूल । आफ्नै थप पाठ्यक्रम भएको स्कूल । पाठ्यपुस्तक भएको स्कूल । पठन पाठन शैली भएको स्कूल । मूल्याङ्कन भएको स्कूल । वित्तिय लगानी भएको स्कूल । यसरी स्वायत्तता, सामाजिकीकरण र शिक्षा जोडौं ।

समाप्त ।

## एकछिन हाँसौं

चर्चित दाहाल कक्षा : द ‘ग’

ग्राहक : तिमिले मेरो दाही बनाउँदा मेरो छाला पनि काटिदियो ।

नाई : चिन्ता नगर्नुस् दाइ, म तपाईंसँग केवल दाही काटेको पैसा लिन्छु ।

ग्राहक : साहुनी यहाँ किसमिस पाइन्छ ?

साहुनी : पाइन्छ कति चाहियो ?

ग्राहक : मसँग पैसा अलि कम छ । त्यसैले मिसचाहिँ पछि लैजाउला, अहिले चाहिँ किस मात्र दिनुस् न ल ।

एउटी महिलाको फोनमा गफ गर्नु पन्थो कि एक घण्टा भन्दा बढी गफ गर्ने बानी थियो । एकदिन सधैं भै फोन आएछ तर ती महिलाले १५ मिनेट मात्रै गफ गरिछिन् । श्रीमान्ले सोधे : आज कसरी १५ मिनेट मात्रै गफ गन्थौ नि ?

महिलाले उत्तर दिइन : रड नम्बर परेछ ।



# YOU: MY FRIEND

Samip Neupane, A1 Level

You are whom I have witnessed. You are you, a hope, an insight, a man, the one in which I see a pal; the one who is close and a handy support to my lame walks in the journey of my life. My friend don't worry I will also be behind you in every endeavor, I will stand before you when the whole world is against you, I will be your belief, your escort. I know you can only accompany me for a short period of time. I know to that you cannot remain aloof from the transformation and dynamism happening in our postmodernist influenced society.

The time you are with me, you always stay besides me supporting to do better than the best, exaggerating the small things I do, and resembling me myself. My friend you never let me lose my identity, my ideals or deviate from my ways. You are always a mirror to make me remember what I was before and what I am now and what my boundaries are. You also grew up with me, standing and sitting beside me. It feels very bad when I am not with you but I have made new friends who come to me during the night. I have been intimate with peace, with the silence of night which gently speaks the sole knowledge to me and I do not remain alone during the night, accompanied by these perennial friends.

I think you shifted to a place in our society which is not at all going to be easy. To be stable here, I think you need to be accustomed to some of our social implications. My friend, you need to learn to be arrogant, do your own, don't mind what is the situation of the

society and what hardship it is facing, don't speak pure words from the depth of truth, don't march forward with the dream of prosperity, otherwise you will be tagged mad. Be material my friend, this society has not remained the same that it was. The fog of being triumphant in the race of existence in this world has left all of us blind. Do mail me or comment on my facebook my friend, when you become debased in that society. I need to speak what people speak; so I mentioned facebook because my friend I need an existence. I experimented the world but found none, I am learning to be practical, speak what others speak, do what others do. Otherwise, I am sure my existence will be staked. I was blind having desires to change my society, change every dimension but, these are all ideologies which lure people and trap people in vicious circles and I am trying to shed off these beliefs. You didn't accompany me at night, the time when I was frequently tortured by these feelings. I am happy now because I have made friends to complement me. I now think of changing myself rather than the social norms, interpreting myself from different angles.

I think it is my ill fate that, you my best friend, are diurnal, so at night I am devoid of you. But I have friends to accompany me during nights too. The peace, the silence, who are also true and I believe will be with me always during the night. Lastly my friend, 'Thank you for the yesterdays, the days you made my dreams come true'. My friend, my only true friend 'My Shadow'.

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## Amazing Facts

Compiled By: Utkarsha Gautam, Class: 8 'C'

**About 12% of people dream black and white.**

**Once a human reaches the age of 35, they will start losing approximately 7000 brain cells a day. These cells will never be replaced.**

**There are almost 60 million dogs found in the United States.**

**You can actually sharpen the blades on a pencil sharpener by wrapping your pencil in aluminium foil before inserting it into the sharpener.**

**At the first World Cup Championship in Uruguay during 1930, the soccer balls were actually monkey skulls wrapped in paper and leather.**

**Every Labrador retriever dreams about bananas.**

**If you part your hair on the right side, you were born to be a carnivorous. If you part it on the left, your physical and psychological make-up is that of a vegetarian.**

## Tickle

Collected By: Samman Baidya, Class 8 'B'

### An idiot

*A diver went 50 feet below the sea and was enjoying the marine life there. Suddenly, he saw a man in front of him who was without any swimming equipment. The diver thought that this was a challenge and went 15 feet deeper. After some time he saw the same man in front of him, so he went deeper below. However, the same man seemed to keep up with him.*

*The diver got tired and took a waterproof chalk and a blackboard and wrote: "How on earth can you stay this deep in the water without any equipment for so long?" The man got angry and took the same chalk and the blackboard and replied, "I am drowning, you idiot!"*



## The Dragonfly Pool

### BOOK REVIEW

Ananya Shrestha, A2 Level

"Well, of course we're going to be friends. That's obvious. It's what's going to happen."- Tally

No, I do not have a 'thing' for female authors, nor would I want people thinking so just because my previous reviews have all been on books by wonderful women writers. I do believe earnestly that men can write just as well as (some would, of

course, say better than) we can and I agree it would be foolish of me to think otherwise after reading Tolkien, Dan Brown and my favorite, Nicholas Sparks. Yet here I come again, with another magical story penned by the award(s) - winning Eva Ibbotson...the tale of "The Dragonfly Pool".

Tally is only 11-years old but she is the center of her family's life and has won the hearts of everyone who knows her. She is kind, caring, bright and you would hardly find anyone as determined as she. However, the 'she' I'm writing about is leaving - for a completely different land, to a place full of strange people - in order to escape the cruelties of Hitler and the ongoing war.

Sound familiar? It most certainly would, especially to those who are acquainted with Anne Frank (whose Diary is another book worth reading). But Tally's story is, I believe, nothing like anyone else's. Obviously, I can't see how a girl who rescues princes, bullies her friends and still manages to be loved can have an ordinary life. Tally is adorable and extremely admirable and Delderton Hall is her magic land. The rest, naturally, you will have to read and find out yourselves.

Coming back to the review, there are two things about this book that brought it close to my heart. 'The Dragonfly Pool' is a children's book and everything that meets your eye will tell you so - the front and back covers, the publisher "Macmillan Children's Books," other

booklists entitled "For older readers" and ostentatiously, the larger-than-normal font. But, if anyone puts off reading this book solely on these grounds, s/he deserves to be penalized. Remember, 'never judge a book by its cover.'

The way Ibbotson has woven her tale, divided in three parts, is enchanting...spellbinding - she keeps you biting your nails the entire time (trust me, my nails are half as long now as they used to be). Her writing contains such depth and emotion, and the message it gives is so gratifying, it surprised me to realize that the intended audience is little children. In this book, there are dark parts and light, but the language Ibbotson uses is truly sensational. It had me cackling in peals of laughter half the time but also reduced me to tears right from the beginning of Part 2. That may be expected of me...I am known to be overly-schmaltzy and lachrymose; but I guarantee you some butterflies in the stomach and at least a few lump-in-throat moments. Anyway, that was the first thing I liked about the book.

The second thing is that, in spite of having the makings of a fairytale, 'The Dragonfly Pool' is hardly melodramatic. In fact, the only bit I discovered to be a little over-dramatic (there are theatrics, admittedly, but that is of the real type) was in a page halfway through, I'm writing this only because I trust that all of you will read the book well.

Pages 116 and 163-165 I absolutely loved. As for Karil, I would not exchange him for anything, not all the Prince-Charming and sparkly vampires and tough werewolves or wizards in the world. When you read the book, you'll know why. And just in case, if you happen to come upon Carlotta, please throttle her neck for me. Really, I wouldn't mind if she dies in the process, I'll take it as a Thank-You gift for introducing y'all to this awesome book. Jokes apart, the book's a short and thoroughly entertaining read. So why are you still here? Go! Find the book!!

Happy Reading!!!



## The Social Network

### MOVIE REVIEW

Prapti Gurung, A2 Level

Director: David Fincher  
Writers: Aaron Sorkin (screenplay), Ben Mezrich (book)  
Stars: Jesse Eisenberg, Andrew Garfield, Brenda Song, Justin Timberlake, Rooney Mara.  
Rating: ★★★★★

Fincher has presented us with aliens, serial killers, intellectual thrillers, shocking endings and a glimpse of Bradd Pitt as an old man - and now,

with The Social Network, the story is about the founders of the social-networking site, Facebook with one of them being Mark Zuckerberg, Harvard undergrad and computer programming genius. All of them fight for the credits and end up suffering the damage caused by it. With two hours duration, the movie is specifically centered around greed, obsession, unpredictability and sex.

a highly creative but an illegal website, Zuckerberg is offered a job by the Winklevosses as a programmer for Harvard Connection. He ends up stealing their idea and creates the phenomenal Facebook with his best friend Eduardo. The rapid expansion and success of facebook makes the Winklevosses furious. Similarly, Eduardo realizes that Mark, along with Napster co-founder, Shaun have diluted his ownership share from 34% to 0.03%. Because of this, they both end up suing Mark. Even though he is shown as a negative character, nevertheless, he is also shown as driven, forward-thinking genius.

It is important to note that the film is "Very Hollywood" and mainly "fiction". Realistically, Zuckerberg was said to be maniacally focused on building his website rather than on achieving largesse. There has been some negative response to how Mike is shown as a mixture of fact and imagination. Just how much of the story is really true is a guess. However, the snappy script, sharp editing, perfect soundtrack and Eisenberg's performance make it worth seeing in any case. Whether you are a facebook user or not, you will enjoy it.

After being punished with six months academic probation for

Happy watching!





Art By: Sarbani Ghosh, A2 Level