

Chelsea Wavelength

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MESSAGE



Sudhir K. Jha

From the Principal/Founder Director

We are at an advantage as we are located in the midst of the capital city of the country where most extensive social and commercial regeneration occurs. We strive to close the achievement gap by preparing all students for higher academic readiness and success in a global

society. We are extremely proud of our school, and we strive to provide clear and updated information about all of the wonderful work happening at Chelsea.

Chelsea is one of the very few colleges of the nation which believes that a child needs more than theoretical knowledge for a better personal development. Hence, it focuses on various curricular activities and has always been actively involved in different sports and extra-curricular activities. In an effort to give international exposure to students of Nepal we have recently organized First Junior International Badminton Championship 2012, which is being hosted by Kathmandu District Badminton Association [KDBA] with the support of Tim Nikhil Bangladesh Badminton Academy [TNBA], an associate academy of Mawer Academy, United Kingdom.

Chelsea International Academy is proud to mention here that first ever "Junior International Badminton Championship 2012 (under 17 and under 15) was held from 25 – 28 December, Dasharath Stadium, Kathmandu was a huge success. Players from Bangladesh and India

participated in the championship. I thank all my students to make such an international event a huge success.

In this respect, I believe your assistance will go a long way towards helping the participants recapture the dreams of youth, or helped them to fine tune their skills and to carve out a professional career and pursue their education through the prize money they achieved.

Differentiation is also an important aspect of Chelsea's culture. We recognize that good instructional practice involves assessing the different readiness levels of our students, and then purposefully targeting instruction to meet the variety of learners within a classroom. This could involve designing lessons with different modality components that address visual or kinesthetic learners, or it could mean supporting or stretching students with content. Ultimately, our students are our greatest resource, and it's our fundamental mission to help all students achieve at high levels.

One final note: No meaningful learning can occur unless students feel safe. Thus, we are always working proactively at Chelsea to improve our protocols for dealing with issues such as bullying or bus behavior. We have a Levels of Behavior system that seeks to quantify our expectations for positive behavior. If you have any concerns that your child or another child is being bullied at school or on the bus, please don't hesitate to contact the school or the college administration.

Happy Christmas and New Year 2013 in advance. We look forward to a great year.

With Best Wishes

From the Editor

Exams are over; one more step has been taken ahead. Having got ridden of one more obstacle, this is a matter of joy for some of us. For most of us, this becomes a case of anxiety, results will be out soon. The remaining of us will be more concerned about other stuffs, like further education, college search, choosing majors, S.A.T.s, or perhaps release of the new The Hobbit movie.

With this new edition of Wavelength, I see many new faces, eager to join the Editorial team and contribute to its publication. I find it motivating to work with the new

members, who have consistently come up with new ideas, sharing them with us, the older ones and our advisors on how to make the magazine more efficient, catchy and filled with the best articles from students of college as well as school section. I wholeheartedly thank everyone who have been responsible for the betterment of this issue of Chelsea Wavelength, especially our Advisory Board who have always been there to help us move past our former blunders. Having realized our effort and hard works, I hope you would find this issue improved and gratifying.

Sandeep Neupane, A2 Level

EDITORIAL TEAM

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Advisors

Mr. Pranai Moktan,
Mr. Rajesh Adhikari,
Mr. Jeetu Gurung.

Cover Art: Himal Shrestha, AS level

Back Cover: Sushant Karki, AS level

Layout Design: abritti media

For further information, please contact:

Chelsea International Academy, (School & GCE A level College),
P.O. Box: 25201, Lakhechaur Marg, Mid Baneshwor, Kathmandu, Nepal | Tel: 4472902, 4499662, 4483212
Email: mail@chelseainternational.com.np | Web: www.chelseainternational.com.np

First Teachers' Futsal Tournament 2012

A one day Futsal Event, for all dedicated teachers & staff from various schools of the valley, was held on 15th September 2012 at Sherpa Futsal Centre, Mahankal, Boudha.

The event was organised by Study Plus Private Limited, Kamaladi Mode, Putalisadak with an objective of providing full entertainment and refreshment to the teachers. Out of the 13 teams, Chelsea Int'l Academy and Olympia Academy reached the finals. Olympia Academy was declared the winner and Chelsea Int'l Academy secured the runner-up position.

BRAVO TEACHERS!

Interschool Presentation Competition - 2069!

Out of 47 participating schools, Chelsea International Academy secured the first position. Special thanks to the teachers from computer department and Mr. Pranay Moktan for guiding the students. The finals of the competition was held on 17th Bhadra at Nepal Chamber of Commerce, Jamal, Kathmandu. The students who had participated to represent Chelsea were Mani Pratap Singh, Subigya Ojha & Sagar Poudel from class 7 and 8. Cheers for Chelsea!

Blood Donation Camp

Blood Donation Camp was organized by Nepal Red Cross Society and Association Of Chelsea Alumni (ACA) on August, 2012. The program was held in the premises of Chelsea Int'l Academy's college section. Students from Chelsea who were above 18 years of age, teachers and local people arrived at the venue and donated their blood after all of the pre-requisites were completed. Donators were served with cold drinks and biscuits. All in all, the program was successful with almost 50 donations in 1 day.

Chelsea Extravaganza

Chelsea Extravaganza was a joyous, entertaining and energizing event held for the A2 students. It took place for three days from the 5th to 7th of July. The first two days of the event was full of interesting and creative games as all the teams were divided into groups whereas the last day took place at Nagarkot as a picnic for both teachers and students. The winning teams were awarded with certificates and chocolates.

Art Competition

On 29th September, an art competition was conducted by AS students of Chelsea Int'l Academy at Pranavananda Vidya Mandir, Gaurighat for students from backward background. About 25 students showed their participation, among which Sunny Pun secured the first, Ashal Karki secured the second and Jeevan Rai secured the third position. The winners were awarded with certificates provided by the school and the others were also rewarded with sweets for their participation.

Chelsea Int'l Academy

Teachers' Social Service Club

Chelsea International Academy has introduced "Teachers' Social Service Club" this academic year. The club mainly aims at providing support to the elderly people at various old age homes, support measures for people with disabilities, care of orphans and underprivileged children and environmental cleanliness and awareness program.

The teachers involved in the social service club contribute Nrs. 100 per month and utilize the fund in various social service activities. The club has 78 members at present and aims at increasing its members in days to come. The club conducted its first donation program in 30th Bhadra, 2069 to mark the "International Children's Day- 2069".

The members of the club visited "Safalta HIV Shikshya Sadan" located at Kirtipur and donated food to the HIV infected students. Similarly, the club conducted "Environmental Sanitation Program" on 20th Ashwin, 2069 from White House College Chowk to Thapa Gaun Chowk. They also visited "Nishaya Sewa Sadan, an old age home located at Shantinagar to provide support measures for the mothers in the old age home on the same day.

Card Making Campaign

Card Making Campaign was held at the college premises of Chelsea under the initiation of Mr. Rajesh Adhikari, Senior College Administrator. Each student was asked to make at least three seasonal greeting cards and sell them at Rs. 150/- each to their family members or anybody else they know. The collected money would go for the construction of a library for a school in Kavre. The cards were created by spraying drops of water colors on plain cards and blowing them using a straw to produce beautiful patterns all over the cards.

BEWARE OF PEOPLE

Kanoon Giri, AS Level



Most people are just like the shadows, close to you at your brightest moment but nowhere to be found in the dark ones. And the thing which dazzles me the most is the way people can have two totally contrasting personalities, so carefully hidden. More amazing is how they can exhibit two different faces, good and naive on the outside whereas evil and cunning on the inside, leaving no stone unturned in finding ways to cripple you.

No matter how good you behave with other people, you won't ever be good enough for everyone. You will always have someone to criticize and backstab you in life; be it because of your mistakes or just worthlessly to put you down. Kids or adults, everyone encounters such criticism at a certain point of life. Some people just can't handle these situations and give up on themselves whereas some people handle it the wrong way. We can never plan people's responses about us and we can't make them comment on us the way we want them to. All we can do is ensure that we keep

moving in the right path with ample determination, which will sooner or later prove us right in front of them. We need to flow like water, moving past rocks and barriers, splashing, squeezing through, with nothing to stop us from reaching our destination. In fact, the obstacles we come through in our life prepare us for further accelerating towards our destination. The people who criticize you are just like these obstacles. They make you stronger so that you become prepared to face any challenge, catastrophe or circumstances in life.

You usually get criticized when your good traits are not very well known. One shouldn't put effort to think about people defying them. Let people indict you, let them discourage you; let them try their best to make you feel down in the dumps. But you too show all of them what you are capable of, what you possess within yourself. Excel yourself. Not by worrying about settling them down, but by reaching your destination and being successful and believe me it will be the best possible revenge you could ever take.

Ah!! What a feeling !

Waited for micro at the stand
At last it came as it wasn't a bandh.
The conductor cried 'white house,
white house'
And I got out pushing past the crowd.

I entered the Lakhechaur Marg,
And the German Shepherd at once barked.
I almost got a heart attack,
But soon gained my consciousness back.

I walked and walked slow and steady
With nervousness and a shivering body.
Then I saw a board on the side
The word 'Chelsea Int'l Academy', big and bright.

As through the gate I entered,
My bags were checked and mobile secured.
Many students were in the same uniform as mine
But I really felt nervous and unfine.

I prayed to God and stepped inside
I got my old friend at a sight.
I talked to her lots and lots
And prayed, I wouldn't commit any fault.

My first class was Sociology
But I was feeling quite lazy.
Coz I was missing my old buddies
But I had to concentrate on my studies

In the same way, the day passed
The first day of college was really vast.
I laugh at myself when I remember that day
But now I am really enjoying my stay.

Hritika Joshi, AS Level

Our Mother

Our mother gave us birth,
In this beautiful earth.
They are greater than god,
They taught us how to talk
How to stand and how to walk.
They saved us from every danger,
And taught us to be quiet in anger.
So let us love our mother, my dear friends,
Instead of blaming her for no offence.

Umanga Luitel, 5 'D'

TEACHER'S INTERVIEW

(As a known favourite of many students at Chelsea, this time we decided to interview our sociology teacher Mrs. Tripti Thapa to better understand her and know more about her views on various topics concerning our school. When she met us for the arranged interview, she met us in a happy spirit, all smiles with a welcoming and amiable air.)

To start off with a basic question, how long have you been working at Chelsea International Academy?

I haven't really been one to keep track of time but I believe it has been three to four years since I started working here as a teacher. I actually didn't take notice of how much time has passed.

It really must have been a lot of fun working here if you didn't notice the time pass. Would you like to share your experience here with us?

Actually, it has been a lot of fun. I really like my students, they are one the reasons why I continue teaching. It's been a nice experience because I think interacting with the youth allows me to learn from them as well. It's not just been a teaching experience; I've had a very good teaching and learning experience. As I teach, the more I teach, the more I learn.

TRIVIA ABOUT HER

Zodiac Sign: Aires (the sheep)

Book you were impressed with: Harry Potter series

Favourite music: Reggae

Favourite Movie: All Salman Khan movies!

Hobbies: Playing basketball, playing the guitar, singing, DIY stuff (Reusing and recycling), travelling (going for rides)

So what would pass as one of the best moments you had here with the Chelsea family?

I wouldn't really be able to name any day or moment as the best one because I just have so many. For me, it's the way the students care about me and make an effort for me. I really take life one day at a time so it's not about one extravagant event, rather it's the little things that take my attentions and make me happy.

There are always sad or unhappy moments, or things you didn't like. Did you ever have anything like that at Chelsea?

I didn't really have sad moments in Chelsea, no one has actually made me cry or be unhappy. Still, it takes little things to annoy me just as it takes to make me happy. My only problems with the school however, may be the health and hygiene because I'm very conscious in that area. It really annoys me when the environment isn't created to be women friendly. It just takes little efforts to ensure that the work place is comfortable for the female staff with little things like placing waste bins in convenient places and having a clean environment (specially the toilets).

Talking about annoying things, what annoys you the most in students?



It must be the lack of discipline in students. I encourage students to learn in a friendly environment however, there is a certain limit which they should understand. They are coming to college, they are just students and they should know that well enough and follow a certain code of discipline. That's why it specifically annoys me when they arrive to class in time, or don't do their assignments and of course, I don't really enjoy checking papers and assignments in general.

How do you think studying sociology affects your students? Do you think it helps or guides them in life as well?

After studying sociology, my students will definitely have a different sort of perspective. They will not be like 'horses with blinkers' tuned to seeing only one way. Instead they will be aware and will know how to compare and contrast the situation from different perspectives. They will be more able to distinguish situations on their own instead of just being led like a herd of sheep. Moreover, I think it will assist in their personality development.

Apart from books and studies, what else do you think helps students and is important for people our age?

First thing is: knowing yourself because you need to know yourself. You need to know what makes you sad or happy so that you can overcome them and be at a balance emotionally. And I think everyone should have something in which they excel and something that they love to do besides studies. And then there should be discipline as a human being because the moral values are being lost along the way. People today, specially teens, have more materialistic values than moral values. People would slap someone for having torn their book or dropping their iPod without caring about the human relation they have to maintain (which is infinitely more important).

Do you have a message for our readers?

Life is precious, but people forget the essence of living in the search for their past and future. It does get very hard at times but that doesn't mean you should easily give up. And minor details matter a lot, you should pay attention to little things too. It's not okay to be lost in a big world and stuff and forget about the simple and small things in life.

Interviewed by: Prakshyapan Prasai, Revigya Joshi

Ecstatic life a delusion

✦ Prakshyapan Prasai, AS Level

People always have a life which is below their expectations. Perhaps, the reason why we are never content and why we always imagine of a better life. Sadly, the truth is; our life is always going to be the same. The difficulties, the problems and all the obligations, will still be there as we grow older. They will just be a little modified and a little more advanced.

Looking back in time, I realize my school life was real fun. I didn't consider such back then. I always cursed my school life for being so problematic and always hoped that I would surely get a better college life. But things never changed. It only got complicated.

During the first few days of my college when I had nothing to do except making new friends and enjoying. I was really happy about my life. We'd just spend our entire day mocking, laughing and on other ridicules. For a moment, I thought this was the life I dreamt of. Alas! Things started getting complicated as the burden of studies added. Then we got lesser chance to spend time with friends. The pace of life changed then. College turned out to be a place where you learn a new lesson every day.

There are various things my college taught me. Things like, when you are facing a bad time even the truth you speak is falsified. I learnt how it takes no time to destroy your progress while it takes months and years to achieve one. I vividly remember how I'd worked so hard to create a decent image in my college and got it all ruined by involving in a row. After then, it never recovered again. Facing unnecessary inquisitions, teacher's bad remarks became a part of life. How a few months ago I had good relations with all teachers and how now I carry around this tag of a "Bad Student" along with me. I've learned how unexpected people stay there for you and how expected ones run away. I've learned that feeling bad about how

others think about you is useless. I've learned that World's a better place to live in only when you make the authority happy. My concept of life didn't turn out to occur even one percent of all the time. Life just turned out to be a book comprising various chapters.

Many things I've learned. A hell lot to be learned in such a short period of time. I just concluded, one should rather take life as it comes. For, the past cannot be changed and the future is unpredictable. One should be on the safe side (here balancing one's academics) and just enjoy. Even Coelho, in his book "the fifth mountain" gives us a glimpse of what level of sorrow one has to face in life and how healing oneself from every disaster and standing up again to face another one makes life beautiful. By experience I tell you this; at your teenage what might suffer you the most, is being a loner. You might feel lonely at times but being lonely isn't an awful situation. It is merely a condition when you discover yourself and when you are not bounded with duties to impress people. At times, life creates a condition where you feel unsatisfied about how people treat you. Here what one should realize is one can never make people treat you the way you want them to. Just ensure you treat them right. My college life may not have been as I had envisaged. But it has taught me things which I normally wouldn't have learned anywhere. It has molded my thinking and has made me a better person.

You ought to enjoy every bit of what comes in your life. For, god gifted us life not only to use our knowledge and earn money but also to enjoy its aspects, its beauty. We shouldn't fall into a materialistic life and bind ourselves to people. Because at the end of the day you're left with nothing but your progress as a human and ever lasting memories you wove in this journey of expecting and crying for unfulfilled expectations.

A scientific Letter

Rojan Pokharel, 10 'B'

My dear Magnetism,

The first time I saw you, an electronic current passed through my nerves and I faced 20000 volt shock. Ever since, inside my eye lens, the reflection of your image is the only one that's permanently placed. My heart is transparent but yours seems to be opaque as it reflects all my incident love rays. Dear, last time when I held your hand, you slapped me. Equal and opposite force must have been exerted by your beautiful hands whose witness is my "ph 0" colored cheeks. Believe me girl, my heart oscillates just for you and my love is as pure as distilled water. If you have any doubt, you may test me in the lab with a blue litmus paper. I am sure my dear, it would turn red which symbolizes love.

I shall be waiting your reply dear, hope its 332m/s speed will be enough to reach my ears in time.

Yours truly,
Infinity

Experience in the Tourism Olympiad

✦ Elena pradhan, AS Level

Selection in the only event I ever participated throughout my school life was not much of a surprise though the date of the competition was. Reading novels during the boring days of the bandas I had completely forgotten about the "Tourism Olympiad 2012" due on 3rd september. I went through everything on which I could get my hands. On the very day till the 11th hour I was preparing to keep myself busy and not let the fear of losing overwhelm me. I wanted my subconscious mind to do the thinking part during the competition because the conscious one always ended up making mistakes being too careful.

The endless journey was nerve wrecking but when we reached there and strode to the temple a soothing feeling overcame me, and then it started. We divided according to the event. I went to the room where the competition was to be held. We were asked to write about "the one thing we would like to change if we were to go back in time".

It was easy for me to decide as there is only one incident I regret, only one grudge I hold over my past. I wrote with all my might but apparently was overwhelmed by sentiments attached to it. At the end of the day it was a good experience with mixed emotions.



Then the day of the result arrived. this time there were plenty of us but still it was not enough to distract me from what awaited me at the other end of the journey. Till the result there was speculation and excitement on everyone's face. After the speeches were over it started. Many of friends got prizes and it was good to cheer then until it was the turn for "the essay writing competition". It started from the third position. I had lost all hopes because I was neither third nor second.

But the announcement of my name at the very end took me me by surprise. I always dreamt of achieving but hadn't imagined it would be that amazing. The split second during which I recieved the medal made it to the top of "the best experiences of my life" list. And what I learned was winning was "sweet" but competition was all about the mixed feeling of fear, excitement and happiness that we experience. actually that was what made it all worth it.

The Peacock and the Crane

There was this Peacock who was very proud of his beauty. One day he happened to meet a Crane. Trying to show off and impress the crane, he spread his colorful feathers in the sun. Nobody has anything to compare with my pretty tail, Do you?


The crane got angry at the peacock for being so boastful. He got struck with an idea. He then spread his broad wings and flew up in the sky. Round he flew, high he flew, deep he dived into the air... "What are the use of those feathers you've got, if you cannot fly with them and experience this heavenly feeling up here", the crane mocked.

The Peacock kept staring at the crane, imagining the joy of flying...

Prapti Adhikari, 3 'D'



AMAZING FACTS TO BLOW YOUR MIND



1. One of the most sophisticated manmade gadget today, the iPhone 5 has an 8 megapixel camera, while the human eyes possess the quality of 576 megapixel camera.
2. It is scientifically proven that the way we think, our mood, or even our perception about world can be altered by music.
3. The white skin originated only 6000 years ago prior to which all humans were black.
4. Both of the basketball player Michael Jordan's parents were under 5'9" tall though he himself was 6'6" tall.
5. A 75 year old woman from Sweden has an internet speed of 40 Giga bits per second, reportedly the fastest internet in the world.
6. About 100 years from now, Facebook will have 950 million accounts of dead people.
7. I phone 5 sold 5 million units over the first weekend of its release.
8. Mouth wash contains more alcohol than wine.
9. 4 billion hours of videos are viewed on YouTube every month.

Collected by: **Saksham Bishal Gurung**, 8 'D'

1. The length between the wrist and the elbow is the same as the length of the foot!
2. Flies and butterflies can taste with their feet!
3. The only bone in the human body that is not connected to another bone is the hyoid bone, a U-shaped bone located in the neck!
4. Vinegar can melt pearls!
5. There are about 3000 taste buds in your tongue!

Collected by: **Manoja Pakhrin**, AS

1. Chihuahua is the only dog that gives birth to one pup at a time.
2. A dog sees only green and blue colours.
3. Canary birds are the only birds that are found in three different colours.
4. Penguins can identify their kings by the colour of the king's eyebrow.
5. Mother White seals can recognize their baby by sniffing them.
6. A female snake is longer than its male companion.
7. Polar bear and giraffe are the only animals that have blue tongue.

Collected by: **Samyam Pyakel**, 4 'B'

Facts Of Quitting Smoking



Advantages within 20 minutes:

- Blood pressure drops to normal
- Pulse rate drops to normal
- Body temperature of hands and feet increases to normal

Advantages within 8 hours:

- Carbon monoxide level in blood drops to normal
- Oxygen level in blood increases to normal

Advantages within 24 hours:

- Chance of heart attack decreases

Advantages within 48 hours:

- Nerve ending start regrowing
- Ability to smell and taste is enhanced

Advantages within 3 months:

- Circulation improves
- Lung function increases up to 30%

Advantages within 9 months:

- Coughing, sinus congestion, fatigue and shortness of breath decreases
- Cilia regrow in lungs, increase ability to handle mucus, reduce infection
- Body's overall energy increases

Advantages within 1 year:

- Excess risk of coronary heart disease is cut by half

Advantages within 5 years:

- Risk of cancer of mouth, throat and oesophagus is half of that of non-smokers

Advantages within 10 years:

- Lung cancer death rate equal to that of non-smokers

Advantages within 15 years:

- Risk of coronary heart disease is that of non-smokers

And above all this, you are proud of yourself because now you are no more a smoker....

Collected by: **Ujjwal Jha**, 10 'A'

My Mother

Who gave me birth
Loves me very much
She is the only one
She is my great mom

She takes care of mine
And always wish being fine
She taught me letters
At everything she is better

With her good teaching
I am the best in reading
Every mother should be like mine
Who takes good care of her
children so fine.

Always obey her duty
Everything she does is beauty
East or West
My mother is the best.

Aakriti Singh Oli, 3 'C'

The small Marie cat

There was once a little cat
Her name was Marie the little cat,
She likes to drink milk
And her tail is very soft,
She is a beautiful cat

She likes to play
She is a very nice and sweet cat,
Her eyes are blue and brow is pink
Her skin is white and
She is my pet, a lovely cat.

Apoorva K.C., 4 'B'

Mother

The one who loves me,
The one who helps me,
The one whom I am thankful for,
And the one who brought me to
this world.
Because of you I see this world,
Oh ! my mother you are so bold.
Because of you I see trees and
flowers,
Which give us shade and shower
You are greater than god,
I'll tell you my lord,
The only one thing I want you to
know,
You deserve all the love in this
world.
I love you Oh! Deity mom.

Archana Bhattarai, 5 'E'

My best friend... ♥ ♥ ♥

Someone to laugh with, perhaps to shed some tears
A person who's been with me all through the years,
Someone to shelter me from days that are cold
A shoulder to lean on, a warm hand to hold,
An arm to catch if I slip and I fall
And ear for my problems whenever I call,
Someone to dare my giggles and my screams
A person to tell all my secrets and dreams,
Someone to hug me when I'm happy or sad
To just be there in the good times or bad,
A person with whom I don't have to pretend
Its Sweekriti my best friend!!!

Khushi Luitel, 8 'C'

The Mermaid

Who could she be ? A mermaid fair?
Singing alone, combing her hair.
Under the sea, in a golden curl
On a throne, With a comb of pearl.

If I would be a Mermaid fair,
I would sing to myself, The Whole of the day
With a comb of pearl, Would comb my hair,
And still as I combed, Would sing and say,
Who is it that loves me? Who loves me not?
I would comb my hair till my ringlets would fall.

Ritika Joshi, 6 'D'

You Never Know

Looking at the stars in a clear night
Everything was wrong, nothing was right.
I think of the days and the times that have passed
Everything around me is changing so fast.
Everyday feels like bad dream
Nothing to look forward to, there's nothing
for me.
Every time, I wonder what went wrong.
Still I don't know what should have been done
But still tomorrow is a new day, there is a hope
May be, things will change you never know.

Ureeka Thapa, 5 'C'

My Life Time

When I was small I used to cry
When I am big I like to eat chicken fry.
When I was small I used to look at sky
When I am big I dance like a butterfly.
When I was small I used to sit
When I am big all I do is read.
When I was small I used to cry
When I am big I like new things to try.

Tejshree Karki, 5 'E'

My dearest daughter

My daughter was like a smiling flower
But now she is no more

My life is deserted and painful
And my path is full of thorns

She was always very cheerful,
But now she is gone

My life is flooded
And I don't believe in god any more

Now, I am alone in a room
Waiting for her to arrive

People say she is dead
But my heart still wants to see her alive.

Saurav shah, 8 'A'



Worry Control

Build for yourself a strong box,
Fashion each part with care;
When it's strong as your hand can make it,
Put all your troubles in there;
Hide all the thoughts of your failures there,
And each bitter cup that you drink heartily;
Lock all your heartaches and all your fear,
Now you are free of worries my dear.

Priyanka Adhikary, 8 'D'

Scrutiny

The circumstances that fills cravenness in my heart
The dissatisfaction that is burning inside me
Fills emptiness within me making me hollow
And the excuse is this bloody scrutiny.

This is not just a favor granted by the god
This is a sin prevalent in the society.
This not only brings joy to the human heart
But also it leads the human kind to the infernos of hell.

The negation I get from my guardian blows off my head
And all the joy of my life, I see them fade
I just cannot see it, it beats me
How can three hours of scrutiny decide my destiny?

I refuse to bow before hefty books
Conquering the letters, the world I will rule
Will be superior to the prevailing present
And the heaven will no longer be greater.

Abhaya Khadka, 10 'B'

Beggar to a businessman

Beggar: Businessman, can u give me Rs 20 to have food?

Businessman: I don't have Rs 20.

Beggar: Then, can you give me Rs 10 to have tea?

Businessman: I don't have Rs 10.

Beggar: Then take this plate you are poorer than me.

Son to his father

Son: Dad why do I go to school?

Father: To be a great man.

Son: But my teacher makes me a great hen every day.

History teacher to student

Teacher: Tell me till when did the Mallas rule?

Student: Sir, I am not sure but I think it was from page no 15 to 25.

Collected by: **Sambhav Upadhaya, 5 'D'**



Teacher and Student

Teacher: When was Newton born?

Student: I don't know sir.

Teacher: look in your book and tell me

Student: Newton (1642-1727)

Teacher: Why didn't you read that before?

Student: I had read, but I thought it was his phone number.

Yes or No

One day a boy called Ram went to his sir's house to ask some questions. He asked

Ram: Sir, today I am going to visit new place. What should I say one the way with others?

Sir: Oh! You should have to tell either yes or no according to the question asked.

Ram: Thank you sir.

Then Ram went on the way to visit. After sometime he reached near one dead body; the very moment a policeman appeared and asked some questions:-

Policeman: Have you done this murder?

Ram: Yes, sir.

Policeman: While murdering was there anyone?

Ram: No sir.

Collected by: **Ashwin Adhikary, 8 'A'**

DOCUMENTARY

REVIEW

THE SUICIDE TOURIST

Five months after being diagnosed with ALS, Craig Ewert arrived in Switzerland for his scheduled suicide. A story about struggling to live ... and deciding when to die.

4 Saujanya Kafle, A2 Level

"Suicide Tourist" is a documentary that mainly reflects the act of Mercy Killing, also known as Euthanasia (the practice of intentionally ending one's life in order to relieve pain and suffering). A man named Craig Ewert, who acts as the Suicide Tourist, suffers from a chronic Paralysis Inducing Disease. He has no hope of surviving but the fact that he is suffering from an incurable disease, he wants to die a peaceful death. It's a very moving, emotionally powerful documentary, chronicling the final days, and eventual assisted suicide of Craig Ewert.

Craig Ewert is survived by his wife and a son and a daughter. His son and daughter are professionals in their own fields in The United States, while their parents live in a peaceful environment of the English Capital, London. Craig Ewert is emotionally supported by his wife. As his life struggles to hold him, he decides "Mercy Killing" as the only option. A renowned institution for Mercy Killing in the Swiss capital, Zurich, was his last and final destination. He chose Euthanasia because he didn't want to trouble his families through his pain and suffering. One best thing about Euthanasia is that, it is only processed through the sufferers' will. While in the institution, he is first

given to swallow a lethal dose of "Sodium Pentobarbital". The documentary discusses the Swiss law, and says that because of the fact that euthanasia is illegal, in the UK, and most of the US. The Swiss government has seen a huge influx, in "Suicide Tourism," and that outside countries (namely the UK & US) have been pressuring Switzerland to reject foreign petitions to die in their country. This scrutiny has made it difficult, for clinics like Dignitas (the 'Mercy Killing' institution in Zurich), to accept any, but the most extreme, and most desperate of cases. Fortunately for Craig, he met Dignitas' criteria.

The documentary is a highly thought provoking piece, that raises many questions, about quality of life, and the right to die. Craig himself, is very articulate, and poses some strong arguments, for his decision, and his opinions, on living, suffering, and on dying. I think it offers an exceptional example of why people ought to have the right to "die with dignity" and it demonstrates good arguments, for why euthanasia should be legal, everywhere around the WORLD. On a whole, the documentary is very tastefully done, an incredibly brave, and generous contribution to society, on the part of Craig, his wife, and his children.

BLEAK

Bare and exposed...exposed mightily to the cold arms of wind, shivering and miserable. It's not hopeful, or depressing. One word sums it all up – Bleak. It's much like the emptiness you feel after being left heartbroken.

All in all this is a state where a person wants to avoid things as much as they can. But after pondering over this for a long long time I find it fascinating. Very much fascinating indeed. And just like the rhythms of the song "Bleak" from Opeth, I find this unpleasant experience unpleasantly pleasant. The way I see it, much like the universal clash of so called angels and devils, happiness and sadness are just two consequences of the same experience. It is much like the duality we have within ourselves when we find ourselves torn between our instinct and logic.

However, both of these entities are, without doubt co-dependent of each other. Whenever we get happy we are bound to find another heap of sadness. The higher we go, the harder we fall. Even the knowledge of the tragic one, or at least the melancholic one, is essential to any great practitioner of the art of comedy. And that's just the way of how it is. Maybe it is some sort of balance we all have to pursue or maybe its karma. But then again, why not all wrong doers are brought to justice? This does not make any sense. Nothing does. And given infinite time to someone to find meaning of every little thing in this world, anyone is bound to be insane.

But no matter what we do, every one of us has to face the push and pull of happiness and sadness. If we are able to adapt to happiness then, why not sadness? And who knows, maybe this push and pull is what makes us feel human by stirring up our complex emotions. Maybe the sadness we face every time our happy period is over is the thing that is keeping us sane. But maybe none of this is true. Maybe it's just our lives throwing rocks at us. Making us feel bleak, much like the dead and empty hills, and the moors.

Prashrit Paudel, A2 Level

GLIMPSES AT CHELSEA



Winning team of extravaganza 2012



Winners of the Inter-School Graphic presentation contest 2012



Winners of marathon race 2012(Senior girls)



Winners of marathon race 2012(Senior boys)



Participating on marathon race on Children's Day



Students at Godhawari



Inspirational speech by Sujit Lalwani



Students learning beekeeping at godwari



Students at Sangha excursion



Students at Godawari educational trip



Scout hiking



School faculty members preforming on Bal diwas

GLIMPSES AT CHELSEA



Runner-Up team of Inter School Spelling Competition 2012



Learning the tips of painting from Mrs. Sushma Shakya.



Students at Sanga Education Tour.



Scout program at Chelsea



Celebration of Dashain and Tihar by student on their house board



Future botanists.



Fund raising program organised by students to renovate library in Sindhupalchowk



Road Race 2012



Future footballer showing his skills



Girls dancing on the occasion of Bal diwas



Organizing team of Chelsea Extravaganza 2012

THE WAY I SEE IT

✦ Revigya Joshi, A2 Level

I am an average girl of seventeen who loves her life, does what she wants and has found perfection in such a short period in her life. If you are about to question this statement of mine, first ask yourself what is perfection? If you say flawlessness, eternal happiness, and prosperity, you couldn't be more wrong. Well, think about it yourself, what would be your 'perfect life'? Whatever it is, you'd be happy when you achieve it. Of course, over time your preferences change, your thoughts change and so does your dream ergo, perfection ceases to exist. This makes it impossible for you to get a perfect life but the fact is, you're making perfection impossible to achieve out of your own accord. Whatever we dream of, wish for and strive to achieve, it has only one final result; ultimately, we're doing it to be happy. Happiness, it is the key to an ideal life and perfection so if you find yourself smiling every day, and you have a reason to get out of bed with a smile, you're doing something right which means that possibly, your life is perfect.

You have to realize that every bad fall, every new turn and every incident was an experience you desperately needed 'cause each one of them helped make who you are today. The way your parents are your parents and your friends are your friends make you just who you are as a person. It is the reason you want whatever it is you want, and desire and strive and persevere just the same. Despite the fact that I hate many people in my life and the way they made me miserable, I wouldn't want to change me as I am today.

I love my life, don't you love yours? Would you really want to change yourself as a person? I mean, you must regret something you did in life but you probably had a reason to do it, but could it possibly make you want to change the slightest detail which might change your entire personality? No. Then why regret it? In this light, you have to accept that your life actually is perfect. It's perfect for you, because it suits you. So if you're still left wondering about what a perfect life really is, stop wondering because you may already have it without even realizing it.

Life in 21st Century

Full of stress and difficulties
Running only after facilities
Even children are reading and studying
To make their future glittering.
Everybody is working hard
With their full skill and art.

Challenges and competitions found everywhere
And everyone is trying best in their ways
Everybody says life in new age is the best
But I say I don't want to taste
The age where you cannot even take rest
And are forced only to do your best

Erika timilsina, 9 'C'

If I were a boy

If only I were a boy
No pain and only joy
A life of laughter and fun
Around the world I would run;
A little hard work and lots of play
I'd play games the whole day!

But you see I am a girl
No matter what, proudest of all
Flowers and butterflies I love
And I watch the flying dove
With a hope that one day
Like a dove, I'd fly away....

Anisha Neupane, AS Level

Changes

"Friends Forever" you promised,
"Together till the end".
We did everything with each other,
You were my best friend.

When I was sad, you were by my side,
When I was scared you felt my fear.
You were my best support,
You were there at times I needed you.

You were the greatest friend,
You always knew what to say.
You made everything seem better
As long as we had each other,
Everything would be okay.

But somewhere along the line,
We slowly came apart.
I stood here, you stood there
It tore a hole in my heart.
Things were changing,
Our cheerful music reversed its tone.
It was like having food without salt,
A sun without its moon.

Suddenly, we were miles apart,
Two different people with nothing the same.
It was if we were never friends
Although we knew deep inside our hearts,
Neither one of us was to blame.

You had made many friends,
And luckily, so had I
But that didn't change the pain
The loss of friendship made me cry.

As we grow older, things may change,
But they don't always have to end.
Even though it is different now,
You will always be my friend.

Khushi Shrestha, 6 'E'

My Best Friend

You are my friend
Present, future and past
Whatever the circumstances be
I know our friendship will last

It was you
Who helped me from the start
And it was you
Who mended my heart

Whenever I was hurt and sad
You made me smile
And no longer
I felt bad

Whenever I needed you
I didn't need to say anything
You're always beside me
You're my everything

Thank you for
Being a great friend
And thanks for promising to be there
Till the end.....

Subhechha Lama, 9 'B'

काले रुदैन्

निभा जोशी, ९ 'ख'

कथा : काले रुदैन्

लेखक: यान हिन सु

पात्रहरु : काले (कुकुर), मालिक, मालिकनी



लेखक यान हिन सु एक कोरीयाली लेखक हुन्। उनले धेरै बालकथाहरु लेखेका छन्। उनले प्रसिद्ध कोरीयाली कथाहरु नेपालीमा अनुवाद गरेका छन्। उनको एक प्रसिद्ध कथा 'काले रुदैन्' मन छुने कथा हो। यो कथामा कालेले भोगेको दुःख र सुखको बारेमा लेखिएको छ। यसमा कालेले आफै आफ्नो कथा हामीलाई भनेको छ।

यो कथामा एउटा काले नाम गरेको कुकुर हुन्छ र उसलाई र उसको भाइहरुलाई कुकुरको पालन पोषण र बेच्ने घरमा ल्याएको थियो। हरेक दिन मानिसहरु कुकुर हेर्न र किन्न त्यहाँ आउँथे। एक दिन त्यो काले कुकुरलाई दयालु मालिकनीले किनेर लैजानु भयो। मालिकनीले त्यो कुकुरको नाम काले राखिदिए। काले असाधै रमाउँछ, आफ्नो नयाँ घर, कोठा र मालिकनी भएर। मालिकनीले त्यसलाई धेरै माया गरी। काले मालिकनी सँगै बसिरहन्थ्यो। कालेले त्यस बेलासम्म मालिकलाई देखेको थिएन किनकि उहाँ घरमा हुनुहुन्न थियो। उसलाई मालिकको व्यवहार कस्तो होला भनेर पत्तो थिएन। ऊ सोच्यो कि ऊ मालिक आएपछि पुच्छर हल्लाएर स्वागत गर्छ। त्यतिखेर त्यहाँ घन्टी बज्यो, ऊ तयार भएर बसेको थियो, जब मालिक भित्र आएको थियो, तब काले दौडेर मालिककहाँ पुच्छर हल्लाउँदै गएको थियो। मालिक अचम्मै परे, उनलाई न सोधी कुकुर कसरी ल्याइयो र मालिक साह्रै रिसाउनु भयो। रिसले चुर भई मालिकनीलाई गाली गरे कालेलाई कस्तो लाग्यो होला ? ऊ भान्ने कि त्यहि बस्ने भयो। मालिकले मालिकनीलाई जोड्ने पिट्न थाले। मालिकनीले आखिरमा कालेलाई के गरे होला ? आखिरमा छुट्टो पन्यो कि परेन आफ्नो प्यारी मालिकनी संग। यो थाहा पाउन सबैले किताब पढ्नु पर्छ।

यो कथाको सुरुवात राम्रो भएपनि अन्त्यमा रुवाउने खालको छ। यस कथामा मलाई सबैभन्दा मनपर्ने पात्र काले र उसकी मालिकनी हो। यसमा कालेले ठूलो हिम्मत जुटाउँछ र आफ्नो जिन्दगी अगाडि बडाउँछ। त्यो कुकुर भएपनि मान्छेको मनको कुरा राम्ररी बुझ्छ। मालिकनीले विचरो कुकुरलाई पाल्न भनेर घर ल्याएको थिईन्। उनले कालेलाई साह्रै माया गरिन्, आफ्नो पतिबाट गाली धेरै खाए पनि। अन्तमा मालिकनीले आफुबाट पुरै तरिकाले नछुट्याउने उपाय निकाल्छ। मालिक मलाई साह्रै मनपरेन, आफ्नो स्वास्नीलाई कुट्ने, कुकुरमाथि घृणा गर्ने मानिस थिए। समष्टिमा यो कथा राम्रो छ, भाषा पनि बालबालिकाले बुझ्ने सरल हो। पढ्नुहोला !



खाते

ऊ हो एउटा खाते, जो हिड्दै छ एकलै
हामी खुसी भएपनि, उसको पिडा छ बेग्लै

एता उता गएर भिक ऊ माग्छ
दिन भरि हिँडेर उसको पुरै जिउ थाक्छ

मरि मरि खाना खाने पैसा ऊ जम्मा गर्छ
काठमाण्डौको घर सबै ऊ चाहर्ने गर्छ

मानिसहरु आएर उसलाई थु-थु गरि जान्छन्
ऊ भने नसुनि आफ्नो बाटो लाग्छ

रूँदा रूँदा उसका आँखा दुबै सुनिएका छन्
उसको मनको खाल्टो काहिले पुरिएला भन्

ऊ सैयौं पल्ट टुटिसक्यो, कैयौं पल्ट लुटिसक्यो
सिसा त होइन तर भित्रबाट फुटिसक्यो

ऊ धेरै मिहिनेत गर्दछ, धेरै सङ्घर्ष गर्दछ
अन्तिममा आफ्नो भाग्य यस्तै हो भनि हार मान्दछ

ऊ आफ्नो जीवन यसरी नै बिताउँदछ
अन्तिममा ऊ भिखारी नै बनेर मर्दछ।

संस्कृत थापा, १० 'क'

जीवन

सिमा विहिन जीवन यो
निराशाले सजिएको
लक्ष्य विहिन गोरेटो यो
काँडाहरुले भरिएको

एरिका तिम्सिना, ९ 'ग'



शिक्षा, अनुशासन र विद्यार्थीको भावी जीवन

✍ भवानी खड्का

शिक्षा निरन्तर चलिरहने प्रक्रिया हो । यो मानव जीवनको प्रकाश हो । यसले मानवको अन्तर्निहित ज्ञानलाई प्रस्फुटन गर्दछ । जीवनको समुन्नतिका लागि हरेक व्यक्तिले यथेष्ट शिक्षा पाउने प्रयत्न गर्नुपर्दछ । यसै उद्देश्यले विद्यार्थीहरू नियमित रूपले विद्या अध्ययनका लागि शिक्षण संस्थामा जाने गर्दछन् । विद्यार्थीको मुख्य काम विद्याध्ययन भएकाले उनीहरूले आफूलाई अध्ययनमा लीन गराउनुपर्दछ ।

विद्यार्थी जीवनमा अनुशासन र इमान्दारिताको अपरिहार्य भूमिका रहन्छ । विद्यार्थी र अनुशासन एक रथका दुई पाङ्ग्रा हुन् । कुनै एक पाङ्ग्रो बिग्रदा रथको सन्तुलन गुमेजस्तै विद्यार्थीमा अनुशासन एवम् इमान्दारिता कमजोर हुन गएमा उसको जीवन उजाड हुन पुग्छ । विद्यार्थी जीवनमा उसले अनुशासित भई इमान्दारीपूर्वक पढेन भने उसको अमूल्य जीवन बर्बाद हुन्छ । तसर्थ विद्यार्थीले कागको जस्तो चेष्टा, बकुल्लाको जस्तो ध्यान, कुकुरको जस्तो निद्रा, भोजन कम खाने तथा एकान्तमा अध्ययन गर्ने बानी बसाल्नुपर्दछ । यी शास्त्रले बताएका विद्यार्थीका गुण हुन् । त्यसैले आजको विद्यार्थीले पनि कर्तव्यपथमा दत्तचित्त भएर मिहिनेत र लगन सहित अथक परिश्रम गरेन भने उसको भविष्य शून्यतिर धकेलिन्छ ।

विद्यार्थीलाई सरस्वतीका वरदपुत्र पनि भनिएको पाइन्छ । यिनै विद्यार्थी देशका कर्णधार हुन् । यिनैले भोलि राष्ट्र हाँकेछन् । आजका विद्यार्थी नै भोलि गएर डाक्टर, इन्जिनियर, प्राध्यापक, वकिल तथा देश हाँके राष्ट्रपति एवम् पदवीहरू बन्नेछन् । तसर्थ विद्यार्थी जीवन भावी जीवनको

आधारशिला हो, जग हो । विद्यार्थीले भावी जीवनको नेतृत्व गर्न तन, मन र धनका साथ आफूलाई शिक्षाको पवित्र महायज्ञमा समर्पण गर्नुपर्दछ । यो भावी जीवनको मेरुदण्ड हो । जसरी मेरुदण्ड सबल नहुँदा शरीर कमजोर हुन्छ त्यसैगरी विद्यार्थी जीवन कमजोर बन्न पुग्यो भने भावी जीवन सशक्त बन्न सक्दैन । बिहानले दिनको सङ्केत गर्छ भनेभैं विद्यार्थी जीवनले भावी जीवनको सङ्केत गर्छ ।

तसर्थ भावी जीवन सुन्दर र सफल पार्नका लागि एवम् असल नागरिक भई जिउनका लागि प्रत्येक विद्यार्थीले बच्चेदेखि आफूलाई सतर्क, स्वावलम्बी र कर्तव्यपरायण बनाउँदै आफ्नो कर्मक्षेत्रमा अग्रसर हुनुपर्छ ।

अनुशासनबिना विद्यार्थी लगानबिनाका षोडाजस्तै हुन्छन्, जसले आफ्नो जीवनको सही मार्ग पत्ता लगाउन सक्दैनन् ।

नेपालको कमजोरी

नेपालमा शान्ति आउँछ कि आउँदैन
नेताहरूको बुद्धि पलाउँछ कि पलाउँदैन । १

शान्ति नेपालमा आकाशको फल आँखा तरी मर
कुर्सी नेताको आँखामा बहुमूल्य हीराको हार । २

संविधानसभा नेपालमा उडेको पात
अहिले सम्म परेको छैन नेपालीको हात । ३

सतीले सरापेको नेपाल देश
आउँछन् नेताहरू लिई दानवको भेष । ४

शान्ति शान्ति पुकार्छन् नेपाली
खे ! शान्ति स्थापना हुन्छ र यसपालि ? ५

सागर पौड्याल, ८ 'घ'

सडक बालक

मेरो घर छैन, म हुँ सडक बालक,
खानु केही छैन, म एक सडक बालक,
सडक मै सुत्छु, छैनन् सहारा मेरा,
डुल्छु सडक मै, छन् कपडा फोहोरा

छैनन् कोही, आफन्त, टिपिबस्छु फोरोर,
पढ्नु, लेख्नु छ, मेरो दूलो रह,र,
तर म जस्तो गरीबलाई कसले पढाओस्,
म जस्तो निस्दूरीलाई कसले प्रेम गरोस् ।

जीवनले किन धिक्कारेको होला मलाई,
सबै किन मान्छन्, मलाई पराइ,
सडकमा जे पायो म त्यही खान्छु,
म हुँ सडक बालक, म हुँ सडक बालक ।

बरुण पाण्डे, १० 'ग'

नेपाली हामी

नेपाली हामी छौं भाग्यमानी नेपाली बनेर
गौरवशाली देश यो हाम्रो नेपाल भनेर ।

उत्तरतिर हिमाल टम्म दक्षिण तराई
थरीथरी धर्म र जाति छैनन् कोही पराई ।

विश्वको चुली सगरमाथा यहीँ नै पर्दछ
यै देशबाट बुद्धको शान्ति विश्वमा सर्दछ ।

पुर्खाले आर्जे यो देशलाई हामीले बनाऔं
आमा नै सम्झी देशका लागि प्राण नै चढाऔं

परिधी ढुङ्गेल, ६ 'ङ'



जुरेलीको पछुतो

जुरेली चरी मीठो गीत गाउन नामी थिई । ऊ मिहिनेती पनि थिई । ऊ दिनभरि खेतबारीमा डुल्थी र बालीनालीलाई नोक्सान पुऱ्याउने कीरा फट्याङ्ग्राहरु खान्थी । किसानले खेतबारी जोतेको बेलामा जुरेली किसानको पछि पछि उडिरहन्थी र माटोबाट निस्केका कीरा खान्थी । यसैले किसानहरु जुरेलीलाई माया गर्थे ।

एकादिन एक जना किसानको छोरा राजुले खेतबाट निस्केका फट्याङ्ग्रा एउटा बटुलमा बटुल्यो । उसले बटुलाभरि कीरा जुरेलीलाई दिँदै जुरेलीसँग एउटा प्वाँख माग्यो । बटुलाभरि कीरा देखेर जुरेली दङ्ग परी । मिहिनेत नगरीकन त्यत्तिका धेरै कीरा खान पाएकाले ऊ खुसी हुदै आफ्नो एउटा प्वाँख भिकेर राजुलाई दिई ।

भोलिपल्ट पनि राजुले बारीबाट कीरा बटुल्यो र जुरेलीलाई खान दियो अनि अर्को प्वाँख लियो । यसरी नै दिन बित्दै गए । मिहिनेत नगरी खान पाएपछि जुरेली बारीमा उड्न र कीरा बटुल्न छाडी अनि बिस्तारै अल्छी पनि हुदै गई । किसानहरुले पनि उसलाई माया गर्न छाडे । उसको प्वाँख पनि दिँदा दिँदा सकिदै गयो । त्यसैले राम्ररी उड्न पनि नसक्ने भई ।

जाडोयाम आयो । राजुले कीरा बटुलेर ल्याउन पनि छाड्यो । यताउता उडेर कीरा टिप्न पनि नसक्ने भएकाले ऊ कमजोर हुदै गई । चिसोले ऊ बिरामी परी । मिहिनेत नगरी सजिलैसँग बाँचन खोजेकामा पछुताउँदै ऊ मरी ।

ओजस्वी ज्ञवाली, ६ 'घ'

अर्ति 'प्रकृति' लाई !

अन्धकारमा बसे पनि
उज्यालो खोज प्रकृति

ठाउँ विकट भए पनि
विकास खोज प्रकृति

मानवका साथमा बसे पनि
हाँस सिक प्रकृति

समयले हिम्मत हारे पनि
हिम्मत जुटाउन प्रकृति

अन्याय अत्याचार भए पनि
बाँचन सिक प्रकृति

अरुले दुर्व्यवहार गरे पनि
प्रतिकार नगर प्रकृति

कष्ट पीडा भए पनि
मुस्कुराउन सिक प्रकृति

अरुले चुनौती दिए पनि
शिर नभुकाउन प्रकृति

आगोले सखाप पारे पनि
हिम्मत नहार प्रकृति

समाज जुम्सो भए पनि
सहासी बन प्रकृति

जीउमा टाटो भए पनि
लज्जित नबन प्रकृति

समाजका नराम्रा पक्ष हटाउन
चलाखी देखाउन प्रकृति

अन्धकारको बादलले ढाक्नु अघि
प्रकाश खोज प्रकृति

विकासको बिऊ छर्न तिमीलाई
शुभकामना प्रकृति

समाज अशिक्षित भए पनि
रमाउन सिक प्रकृति

निडरतासँग हटाई सारा दुर्गीत
विकास ल्याऊ हे मेरी प्रकृति

विचार लड्गडो भए पनि
सहारा देउ प्रकृति

विवेक पराजुली, १० 'ख'

बाल अधिकार

दियो जन्म हे आमा यो सुन्दर भूमिमा
गयो टाढा तिमी छिट्टै छोडि दुःख दुःखमा
अरुभै पढी ज्ञानी बन्ने मेरो मनको चाहना
बाल अधिकार देऊ मलाई त्यही नै मेरो गहना !

मीठो मीठो खाना देख्दा मेरो ओठ रसाउँछ
ठूला ठूला महलले पनि मेरो हृदयलाई फसाउँछ
खेल्ले कुद्ने यो उमेरमा किन बनाउँछौ बाहाना ?
बाल अधिकार देऊ मलाई त्यही नै मेरो गहना !
थोत्रा, भुत्रा लुगा लगाई बिताउने मेरो जीवन
सधैभरि सुख पाउने इच्छा राख्छ मेरो मन
खोटो नियति दिएर पुऱ्यायो दैव मलाई कहाँ ?
बाल अधिकार देऊ मलाई त्यही नै मेरो गहना !

भाँडा भाभ्ने, लुगा धुने, के यै हो मेरो जिन्दगी ?
कोही त होला यस संसारमा लड्ने मेरा लागि
छिछि र दुःख गर्छन् मलाई जान्छु जहाँ जहाँ
बाल अधिकार देऊ मलाई त्यही नै मेरो गहना !

जिउभरि घाउ बोकी होटलमा खटिरहन्छु म
सडकमै सुतीकन अ..... पीडा सहन्छु म
कोही त होला जससित छ मलाई माया दिने चाहना
बाल अधिकार देऊ मलाई त्यही नै मेरो गहना !

उपमा उप्रेती, १० 'ख'



आजको फेसन

आजकलको फेसन यस्तै
कपाल सिधा पारी छोटो लुगा लाउने ।
पढाइभन्दा आफ्नो अनुहार बढी बनाउने
ब्युटी पार्लरतर्फ धाउने ।

आजकलको फेसन यस्तै रहेछ
कपाल पाली, रङ त्यसमा लाउने ।
विद्यालयको पढाइ छाडी जीउ बढी बनाउने
जिम तर्फ धाउने ।

मध्यरातमा डिस्को छिर्छन्
पिउँछन्, गाउँछन्, नाच्छ त्यसमा लाउने ।
विद्यालयको पढाइ छाडी जीउ बढी बनाउने
जिम तर्फ धाउने ।

मध्यरातमा डिस्को छिर्छन्
पिउँछन्, गाउँछन्, नाच्छन् ।
सानो निउँलाई ठूलो बनाई
आन्दोलन गर्न धाउँछन् ।

कस्तो आयो रीतीरिवाज कस्तो आयो चलन
हतियार आए हातमा, कता गए कलम ।
जता हेन्यो त्यता देखिन्छन् पराया भेषमा
के हो यस्तो भनी सोध्दा भन्छन्
लोकतन्त्र आयो अरे देशमा ।

अवन्तिका भट्ट, ८ 'घ'

नेपालको हालचाल

प्रगतिको दियो निभाई अशान्तिको बाले
स्वाभिमानी नेपालीले जात छुट्याउन थाले
सानो जातिहरूलाई गर्न थाले दुरव्यवहार
सानो जात हुनु हुन्न भन्ने राख्छन् कुविचार ।
दलितले कुँदैको मूर्ति मन्दिरमा राख्न हुने
कुकुर पस्छ मन्दिरभित्र तर दलित पस्न नहुने
कस्तो अन्याय हो, धनीले सिमाना पार गर्नु
सानो जाति हुनाले नि यो देशमा कयौं दुःख ल्यायो ।

नेताहरू यताउता कुसी तान्ने ठिक्क
जनता भने दलित पदको भेदभावले दिक्क
के पाइन्छ छुवाछुत गर्नाले ?
के पाइन्छ ति दयनिय व्यक्तिहरूलाई क्रोध शब्द बोल्नाले ?

नगरौं न भेदभाव, हामी सबै नेपाली
हात काटे रगत आउँछ चाहे दलित चाहे अन्य जाति
हामी सबै एक हौं भन्ने सोचाई राखौं
भेदभाव अन्त गरी सुख र शान्ति फडिलाई बसौं ।

उत्कर्षा गौतम, १० 'ग'

मेरो गाउँ

पहाडको फेदीमा छ मेरो सानो गाउँ
प्यारो लाम्छ जन्मिएको हुर्किएको ठाउँ ।

घामसितै डाँडापारि हिमालचुली खुल्छ
धानको बाला लरिबरी खेतै भरि भुल्छ ।
पाखाभरि थरीथरी फूलको छ मेला
ऐंसेलु र काफल खाने आयो क्यारे बेला ।

खोलाखोली राम्रो लाम्छ राम्रो लाम्छ वन
राम्रो भन्नु संसारमा एउटै रैछ मन ।
आँखाभरि घुमेको छ त्यो गाउँको चित्र
बसेको छ मेरो गाउँ मेरै छातीभित्र ।

रातो माटो पोतिएका स्यान्स्यान् घर
झीरालीको चिसो हावा, पीपल र वर ।
गामैगामले बनेको छ नेपाल यो हाम्रो
गाउँको विकास भए मात्र देश बन्छ राम्रो ।

मर्यादा प्रधान, ६ 'ङ'



अग्ला अग्ला हिमाल

अग्ला अग्ला हिमालको साथी बन्नु छ
चुचुरामा पुग्लाई बाटो खन्नु छ ।

घरको भन्याड होइन अब पहाड चढ्नु छ
समाज, देश विश्व बुझ्न धेरै पढ्नु छ ।
एक, दश, सय होइन लाख गन्नु छ
ठूला, असल, ज्ञानी, ध्यानी मान्छे बन्नु छ ।
अग्ला अग्ला हिमालका साथी बन्नु छ
चुचुरामा पुग्लाई बाटो खन्नु छ ।

पेन्सिलका चुच्चालाई तिखा पार्नु छ
ज्ञान विज्ञान सिर्जनाले पाना भर्नु छ
साना हातले ठूला ठूला पौरख गर्नु छ
बाबा आमा गुरुजन खुसी पार्नु छ ।

अग्ला अग्ला हिमालका साथी बन्नु छ
चुचुरामा पुग्लाई बाटो खन्नु छ ।

निहारिका लामिछाने, ५ 'ख'

यात्रा सेती बेनीको

अनान्तिका सुबेदी, १० 'ग'

२०६६ सालको दशैं बिदामा म र मेरा अन्य आफन्तहरु मिलेर पोखरा भ्रमण गर्न जाने योजना मिलायौं । पोखरामा एक हप्ता जति घुमेर हामी त्यहाँबाट ३२ कि.मि. टाढा रहेको स्याङ्जा जील्लामा त्यहाँको मनोरम दृश्य अवलोकन गर्न गयौं । स्याङ्जाको वालिङ नामक ठाउँ हुँदै हामीले मिर्मीको पावर हाउसमा कसरी टर्वाइनबाट बिजुली निकालिदो रहेछ भनेर सामान्य जानकारी लियौं । त्यहाँबाट हामीले सेतीबेनी जाने योजना बनायौं । बाटोमा एकातिर निलो पानी भएको आँधीखोला र अर्कातिरबाट आएको कालीगण्डकीको कालो पानी अत्यन्तै मनमोहक देखिन्थ्यो । मिर्मीको लोभलाग्दो दृश्यमा डुबुल्की मादै हामी 'स्टीमर' मा चढेर सेतीबेनीतिर लाग्यौं । अधिल्लो दिन ठूलो पानी परि बाढी आएको र चर्को घामले गर्दा हामीलाई सेतीबेनी



पुनः स्टीमरमा भन्डै २ घण्टा लाग्यो । बाढीले गर्दा हामी सबैले 'लाइफ ज्याकेट' समेत लगाएका थियौं । त्यहाँ वरिपरि ठूला-ठूला भीर-पाखा थिए । त्यो दृश्य

देख्दा सधैं त्यहीँ बसोबास गर्न मन लाग्यो ।

३ घण्टाको लामो यात्रा गरेर हामी सेतीबेनी पुग्यौं । त्यही सेती बेनीमै विश्वकै सबैभन्दा ठूलो सालीग्राम पनि हामीले देख्यौं । सेतीबेनी पर्वत, स्याङ्जा तथा गुल्मीको सिमानामा पर्दो रहेछ । नेपालको यस्तो मनोरम ठाउँसम्म पर्यटकहरुलाई पुर्‍याउन सके विश्वमै नेपाल चिनिने थियो जस्तो मलाई लाग्यो । त्यहाँ खाजा खाएर त्यहाँको भोलुङ्गेपुलमा चढी फोटोहरु खिचि हामी फर्कियौं ।

फर्कदा स्टीमरमा जम्मा ३० मीनेट लगभग लाग्यो । पानी बहाव जुन दिशामा भयो त्यही दिशामा हुँदा चाँडै पुगिँदो रहेछ । फर्कदा बाटोमा पर्ने मन्दिर 'छ्याङ्छ्याङ्दी' सती देवीको अङ्ग पतन भएको स्थानमा पनि पुगी दर्शन गरी हामी सबै जना निकै थाकेर होटल फर्कियौं ।

टुहुरो बालक

निष्कुरी छन मानिस यो संसारमा
दुःखको कालो बादल छाएको छ आकाशमा
यस्तो संसारमा मैले जन्म लिन पाएकोमा
आफैलाई धिक्काउँ जिन्दगीको हरेक पाइलामा

एउटा साहारा र साथीको आशामा
थाहा छैन के छ मेरोलागी यस संसारमा
मेरो यो बेसाहारा र टुहुरो मनमा
छैन खुसीसाथ जीवनको गरिमा

खाते र भिखारी भनेर चिनिन्छ यस संसारमा
परेको छु कुकर्म र कुलतको चपेटामा
निराशै निराशा छ मेरो यो मन र मस्तिष्कमा
मन त थियो खुसी पाउन तर परे संसारको
चपेटामा

हुन त मानिस नै बनेर जन्मेको हुँ म यो संसारमा
तर जनावर जस्तै व्यवहार पाए मैले यो धर्तिमा
मेरो पथप्रदर्शक कोहि छैन यस संसारमा
कसको आँला समाएर हिँडु म यहाँ

यस्तै छ मेरो कहानि पिरोलिएको दुःखै दुःखमा
खाते भनेर चिनिन्छु यस विश्वमा
तर अन्न हाल्न पाएको छैन यो आँतमा
कसरी बाँच्न सक्छुहोला म यो संसारमा
एउटा साहारा र साथीको आशमा

आयुष दाहाल, १० 'ख'

साना साना बालक हामी

साना साना बालक हामी
भविष्यको खानी ।
पढि गुनि अगि बढौं
सबै कुरा जानी ॥

माथि माथि हेरौं सधैं
लक्ष्य ठूलो लेऊ ।
ज्ञान गुन धेरै बनाई अरुलाई पनि देऊ ॥

हामी उठे देश उठ्छ

अज्ज शिखर चम्कन्छ ।
हामी हिँडे हौसलाले
पाइला लम्कन्छ ॥

अल्ल्छी बन्न हुन्न हामी
पुस्ता बिग्रन्छ ।
हामी जोश जाँगर भए
देश सप्रन्छ ॥

ऋषभ सुबेदी, ६ 'घ'

'हामी बालक'

फूलबारीका कोपिला भैं
हामी साना बाबुनानी ।
भविष्यमा फुलपुष्प
ज्योतिछरी महाज्ञानी ।

भुटोकुरा बोल्नु हुन्न
असल बाटो रोज्नुपर्छ ।
सधैंभरि सबैसँग
मिठो बोली बोल्नुपर्छ ।

साना हात साना आँखा
सानै देह भए पनि ।
विचार ठूलो राख्नु पर्छ
हामी बालक भएपनि ।

कृतिका ओस्ती, ६ 'च'

फूल

कोपिलाबाट सुरु हुन्छ तिम्रो जीवन
तिम्रो सुवासले सुगन्धित हुन्छ पवन
तिमी हौ प्रकृतिले दिएको बरदान
तिमीलाई चडाउँछौ, गर्न भगवानको मान

तिमीलाई टपक्क टिप्न मन लाग्दैन
तिमीलाई देख्दा कसैको मन अन्त भाग्दैन
फूल, तिमी हौसीखेली रमाउछौ
तर कुनै दुष्ट आइ तिमीलाई लम्दा तिमी ओइलाउछौ

बगैँचालाई बनाउछौ तिमीले रङ्गीचङ्गी
तिमीलाई हेर्न आउँछन् सबै तन्कीतन्की

उत्कर्षा गौतम, १० 'ग'

शिक्षा नीतिका विद्यमान चुनौतीहरू

श्रीराम प्रसाद लामिछाने

अघिल्लो अंकबाट क्रमशः...

उदाहरण ८ : उच्च शिक्षामा लागत-आपूरण परिपाटी अवलम्बन गर्ने तथा त्रिभुवन विश्वविद्यालयका क्याम्पसहरूलाई अन्य विश्वविद्यालयहरूमा आवद्ध गर्ने ।

नीति-निर्माण गर्ने तर त्यसको कार्यान्वयनतर्फ सक्रिय नरहने मनस्थिति नै नीतिगत पक्षका चुनौतीहरू

हुन् । उदाहरण स्वरूप नीतिगत रूपमा समेटिएको लागत-आपूरण कार्य शुरु नै हुन सकेको छैन । त्यसैगरी त्रि.वि.वि.का क्याम्पसहरू अन्य विश्वविद्यालयमा आवद्ध गर्न कुनै पहल गरिएको छैन ।

उदाहरण ९ : शिक्षाको गुणस्तर अभिवृद्धिका निमित्त शिक्षक-प्रभावकारिता बढाउने र गुणस्तरसम्बन्धी मान्यता (लयकक) सुनिश्चित गर्ने ।

नीतिको भावना र मर्मलाई मूर्तरूप दिन शिक्षक तालिमको व्यवस्था गरिनुका साथै तोकिएको प्रक्रियाअनुसार शिक्षकले लाइसेन्स लिनुपर्ने प्रावधान राखिएको छ । तर यथार्थमा शैक्षिक गुणस्तरमा उत्साहित हुने सुधार भने आउन सकेको छैन । मूलतः शिक्षक तालिमबाट जुन किसिमले शिक्षक-प्रभावकारिता प्रस्फुरण हुनु पर्ने थियो त्यो हुन सकेको छैन । वास्तवमा शिक्षक तालिम नै अपेक्षित रूपमा परिणाममुखी हुन सकेको छैन । अर्कोतर्फ गुणस्तर सापेक्ष नर्मस्वारे कुनै पहल अघि बढाएको पाइँदैन । लाइसेन्स प्राप्त गर्न तोकिएको प्रक्रिया गौण बन्न गएको छ । यसरी नीतिले अवलम्बन गरेको बाटो र नीतिलाई कार्यान्वयन गर्न पछ्याइएको बाटो असमान भएको हुँदा नीति नै प्रताडित अवस्थामा रहेको छ । यो स्थितिले अवलम्बन गरिएको नीति विरुद्ध एउटा सशक्त चुनौती खडा गरिदिएको छ ।

उदाहरण १० : शिक्षाका सबै तहमा समावेशी शिक्षाको व्यवस्था गर्ने ।

यस नीतिसँग गाँसिएका चुनौतीहरूलाई दृष्टिगत गर्दा सर्वप्रथम समावेशी शिक्षाको धारणा नै स्पष्ट रूपमा व्याख्या गरेको पाइँदैन । दोस्रो कुरा विद्यालय तहमा केही हदसम्म समावेशी शिक्षा लागू गरिएको भनिए तापनि समावेशी शिक्षाको मूल मान्यता र सिद्धान्त समेटिएको देखिँदैन । तेस्रो कुरा समावेशी शिक्षाका निमित्त आवश्यक भौतिक सुविधा, सामग्री र उपकरण आवश्यक मात्रामा उपलब्ध छैनन् ।

माथि उल्लेख गरिएका उदाहरणहरूले नेपालका शिक्षासम्बन्धी नीतिहरू चुनौतीको जालो भित्र रुमल्लिएका देखिन्छन् ।

यसरी नै कतिपय नीतिहरू प्रभावशाली अन्तर्राष्ट्रिय वित्तीय एवं बैंकिङ्ग क्षेत्रबाट निर्देशित हुन्छन् । हाम्रो परिप्रेक्ष्यमा ती कति र कुन रूपले



सार्थक हुन सक्छन् वा सार्थक रूपमा तिनलाई उतार्न के-कस्ता कार्यहरू गर्नुपर्ने हो त्यस कुरा प्रति हाम्रो खासै चासो रहँदैन । अर्थको बलमा लाइएको नीति विरुद्ध उठेका सशक्त आवाज हाम्रा सामू ज्वलन्त छन् । नीति-निर्माण गर्नु अघि गरिन लागेका नीतिको परिणाम के हुन सक्ला भन्ने कुरामा हाम्रो पूर्व-सोच र चनाखो हुने चासो हाम्रो प्राथमिकता भन्दा बाहिर हुन्छन् । यस्ता कतिपय कारणबाट शिक्षाका नीतिहरू वेमेल र अन्यौलका भूमरीमा निस्सासिएका छन् ।

सारांश

शिक्षा-नीतिका चुनौतीहरूको उद्गम विशेषतः शिक्षामा गरिने लगानीको नीतिबाट भएको मान्न सकिने आधार पर्याप्त छ । अवलम्बन गरिएका नीतिको कार्यान्वयन गर्न आवश्यक पर्ने लगानीको यथार्थ हिसाव कितापको आधारमा लगानीको रकम निक्कैल गरिएको देखिँदैन । बजेटमा तोकिएको सिलिङ्गलाई केवल भाग लगाउने परम्परा रहेको छ । कुन क्षेत्रमा कति मात्राको भाग पर्छ त्यहिअनुसार कार्यक्रम सञ्चालन गरिन्छ किनकि नीतिलाई सार्थकता दिन चाहिने कार्यक्रमका आवश्यकताअनुसार । यसैले नीति कार्यान्वयनका निमित्त अपेक्षित लगानीको अभावबाट नै नीति विरुद्ध सशक्त चुनौतीहरू रहेका छन् । यसैगरी नीति-निर्माणमा सहभागितामूलक प्रक्रिया व्यावहारिक रूपमा क्रियाशील हुन सकेको पाइँदैन । ओहदात्मक प्रभुत्वको बलियो नियन्त्रण भित्र

नीति-निर्माण हुने गर्दछ र कार्यान्वयनका लागि निर्देशनात्मक पद्धतिको अनुसरण नै प्रगाढ रहने गरेको छ । निर्माणित नीतिप्रति आफ्नो संलग्नताको अभावबाट उब्जिएको उदासिनता नै नीतिगत उन्मुख रहेको मजबुत चुनौती हो भन्नु अतिशयोक्ति नहोला ।

नीति कार्यान्वयन प्रणाली र व्यवस्था अनुदारवादी परम्पराबाट सञ्चालन हुने गरेको छ । नीतिको मर्मलाई यथार्थमा उतार्न सहयोगी हुने कार्यान्वयन व्यवस्थाका निमित्त के के आवश्यकताहरू संवोधित हुनु पर्छ त्यसतर्फ सक्रिय चासो रहेको पाइँदैन । कार्यान्वयन संरचनाका असक्षमताहरू यथावत् दोहोरिरहेका हुन्छन्, नीति असफल भइरहेकै हुन्छ ।

संरचनात्मक क्षमतालाई अभिवृद्धि गर्न संरचनात्मक विनिर्माण र आवश्यकता अनुकूल पुनःनिर्माण गर्नुपर्ने आवश्यकता तिरफ्ट भएको छ । यसैले शिक्षालगायतका समग्र नीति चुनौतीका खतराबाट उन्मुक्त हुन सकेका छैनन् । अन्तमा चुनौतीहरूलाई वर्गीकृत रूपमा निम्नअनुसार प्रस्तुत गर्न सकिन्छ - बजेटको उचित व्यवस्था नहुनु, अन्तर्क्रियात्मक प्रक्रियाका आधारमा सरोकारवालाहरू बीच आम सहमति र समझदारी नहुनु, धारणात्मक अस्पष्टता बोरे खुलस्त नगर्नु, आवश्यक पूर्वाधारहरूको अग्रिम चाँजोपाँजो मिलाउनेतर्फ सक्रिय नहुनु, र नीति प्रति नै उदासिन रहने मानसिकता रहनु जस्ता यथार्थलाई लिन सकिन्छ ।

समाप्त

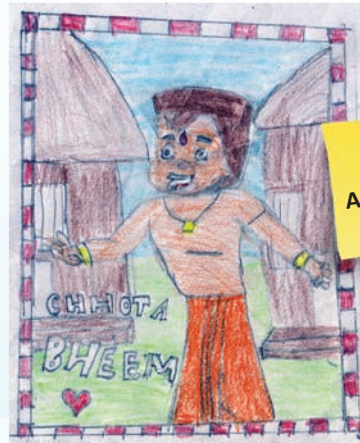
STUDENTS' ARTWORKS



Birat Thapa, 4 'B'



Bhumika Shah, 8



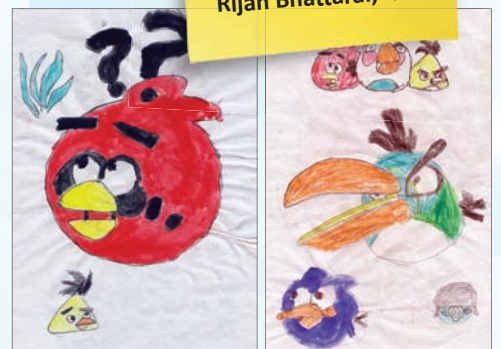
Akshyata Pradhan, 4 'D'



Shusant Piya, 3 'C'



Presita Shiwakoti, 3 'F'



Rijan Bhattarai, 4 'B'



Andri Pandey, 3 'C'



Trishala, AS Level



BOOK REVIEW

✍ Pradhun Khadka, A2 Level

BOOK TITLE
Unaccustomed Earth

BOOK AUTHOR
Jhumpa Lahiri

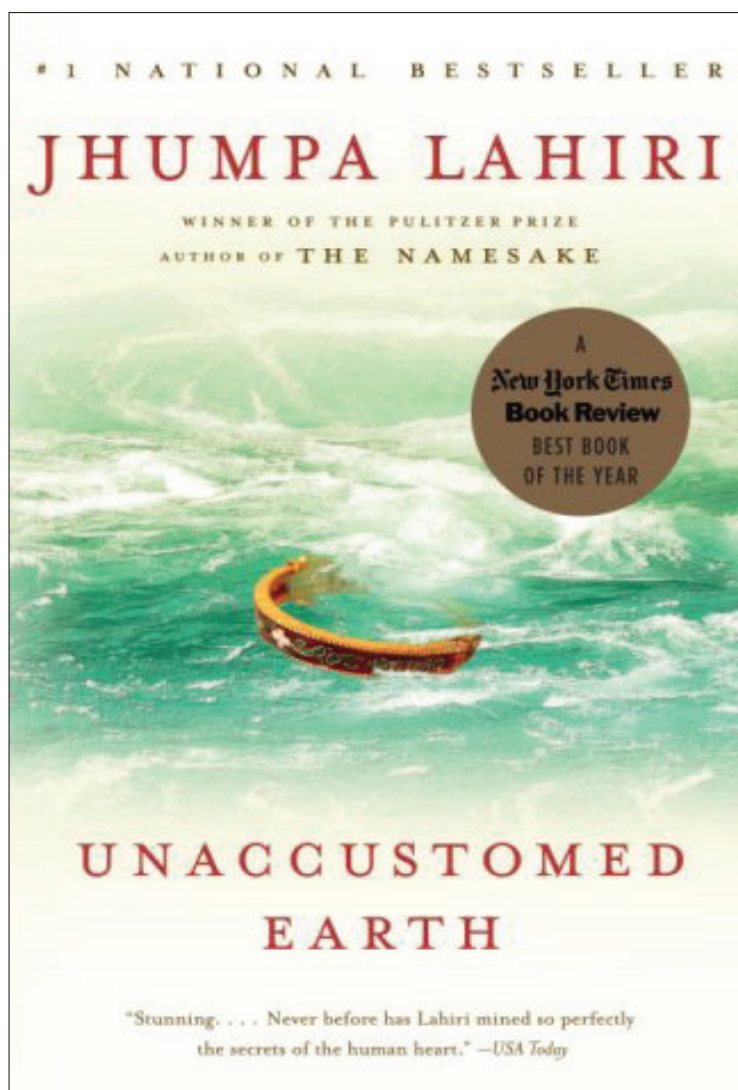
From the internationally best selling, Pulitzer prize-winning author, comes a superbly crafted new work of fiction: a reliving anthology of eight stories that speaks to the soul, like beads on a priceless necklace; each is distinctly beautiful. Eight stories -longer and more emotionally complex than any she has yet written, takes us from Cambridge and Seattle to India and Thailand as they enter and explore the loves of sister and brothers, father and mothers, daughters and sons, friends and lovers.

Five stories comprise the first part, and the next three stories featuring the same central character comprise the second part. All of the eight stories, especially the first five are thematically related. They trace the love of Bengalis

who have moved to the United States. In the stunning title story, Ruma, a young mother in a new city, is visited by her father, who carefully tends the earth of her garden, and he and his grandson form a special bond. But he's harboring a secret from his daughter, a love affair he's keeping all to himself. In "A Choice of Accommodations," a husband's attempt to turn an old friend's wedding into a romantic getaway weekend with his wife takes a dark, revealing turn as the party lasts deep into the night. "Hell-Heaven" is about a married woman in an arranged marriage who has a crush on another man. "Nobody's Business" is about a young woman in a doomed romance that is observed by her sympathetic male American housemate. In "Only Goodness," a sister eager to give her younger brother the perfect childhood she never had is overwhelmed by guilt, anguish, and anger when his alcoholism threatens her. The three stories of the second part in her remarkable collection maybe the best trio of short stories, deserving a place in the annals of literary pairing along with Petrarch and Laura, Romeo and Juliet.

Death, loss and isolation appear as recurring themes turning the plots and are explored in ways unique to the individual stories. The characters are absolutely human with their stories cutting across geography, boundaries. Everyone has their secrets. In *Unaccustomed Earth*, Lahiri is able to beautifully present the crevice in individual lives; the home and the hole in an earth that we are not accustomed with. *Unaccustomed earth* creates a beautiful literate journey that clearly illustrates the power of Lahiri's writing, her sense of community, her ability to create an imagined world as real as we know.

Lahiri's writing is simply brilliant and it effortlessly drags one into each of the stories. Going through the book one will have the feeling that they have lived with each of the characters, watching them closely as the story unfolds. Reading her stories is like watching time-lapse nature videos of different plants, each with its own inherent growth cycle, breaking through the soil, spreading into bloom or collapsing back to earth.. Each story in *Unaccustomed Earth* is exquisitely written; Lahiri's placid prose is a pleasure to read. . And it will leave you wanting for more.





MOVIE REVIEW

✦ Margie Mainali, A2 Level

MY WEEK WITH MARILYN

Director : Simon Curtis

Writers : Adrian Hodges
(screenplay), Colin Clark
(books)

Stars : Michelle Williams, Eddie
Redmayne and Kenneth
Branagh and many more

Genre : Drama

Marilyn Monroe is still an American icon 50 years after her death. The rage is still there and is presented in films, books, songs and glamour. The movie "My week with Marilyn" revolves around Colin Clark (Eddie Redmayne) who is a newly appointed employee in film business and works for Sir Laurence Olivier (Kenneth Branagh) as a lowly assistant on the set of 'The Prince and the Showgirl'. This movie features the magnificent Marilyn Monroe (Michelle Williams) who comes to Britain with her newly married husband Arthur Miller (Dougray Scott). She hoped that the film, based on a Terence Rattigan play, would help her move past sexpot roles, but the shoot turned into a clash of egos and cultures that threw her, leading her co-star and director, Laurence Olivier, to quote her as "the stupidest, most self-indulgent little tart."

The story takes a different path as Marilyn's husband leaves her in Britain and goes back to America and the coast is clear for Colin to introduce Marilyn to some of the pleasures of British life as his job involved managing Monroe, during the shoot. The week becomes an idyllic week in which he escorts Monroe to get away from Hollywood. The story then twists with Marilyn and Colin's spending a week together. In developing whatever brief relationship he held with Monroe, Clark, had the chance to meet the real Marilyn, a woman who was shockingly different than what he had heard about her stage of affection.

Director Curtis's filmmaking move, however, is to put Ms. Williams continually into familiar Monroe poses and quote her famous photos and films — nude Marilyn, tousled Marilyn, singing Marilyn — a strategy that undermines his efforts to turn

the idol into a person. He shows that Monroe is aware enough of her image that she knows — with a wink, a smile, a shake and a shimmy — how to turn her personality on, for public consumption. Williams has given her best as her character of Monroe and has proved that 'Marilyn' is sexy, feminine, sensual, mercurial diva and a legend. Eddie Redmayne does a very good job as Colin, but the scene is utterly stolen from him in various ways by the two above-the-title players.

The movie helps us see that Marilyn Monroe's story was about much more than a trademark white dress.

my week with MARILYN

"Michelle Williams is flawless,
brilliant and exhilarating.
I can't think of a better performance
in the role of an icon."

VANITY FAIR

"One of the best movies of the year.
Oscar® worthy on every level.
Kenneth Branagh and Judi Dench
are terrific."

KCBS

